



CLEANSE

The first and last step everyday for vibrant healthy skin is Cleansing.

The Invigorating Scrub works deeper into the skin and can be used in place of the cleanser 2-3 times a week.



TONE

Calm sensitive skin, remove any traces of dirt or makeup, increase hydration and prepare your skin with a Toner.



TARGET

Use the Brightening Gel to target dark spots and pigmentation.

The Tightening Serum moisturises the skin while targeting the signs of ageing.

The Anti-Ageing Eye Cream reduces the appearance of fine lines, and wrinkles around the delicate eye area.



MOISTURISE

Morning and night, our lightweight Anti-Ageing Moisturiser is suitable for all skin types.

The Hydrating Cream is intensely hydrating and you may need to allow it to absorb before applying makeup.

ANTI-AGEING KIT | 60207038

W/S PRICE: \$200AUD · RETAIL PRICE: \$266AUD · PV:150

DAILY SKIN ROUTINE | 60207034

W/S PRICE: \$120AUD · RETAIL PRICE: \$160AUD · PV: 85

ESSENTIAL SKIN CARE KIT | 60207035

W/S PRICE: \$305AUD · RETAIL PRICE: \$406AUD · PV:218

DRINK PLENTY OF WATER

Drink at least eight glasses of water each day to help rid your skin of toxins and regain the radiance and moisture it deserves.



GET A GOOD NIGHTS SLEEP

Don't only focus on the number of hours you sleep; focus on the quality of sleep you get too. Nighttime is when your skin repairs and rejuvenates itself.



TAKE CARE IN THE SUN

Enjoy the sun but always remember to put on a hat and use sunscreen. Taking the extra step to protect your skin from the sun's rays will pay off in the long run!



EAT A WELL BALANCED DIET

As they say you are what you eat! Too much of anything shows up on your skin so start by just reminding yourself to make the best possible choice for your body.



EXERCISE

Get moving to keep your skin looking healthy and vibrant. Exercise not only reduces stress but helps to nourish skin cells and keep them vital. Think of it as cleansing your skin from the inside.



TAKE TIME TO RELAX

Stress can cause dehydration, and increase facial blemishes and wrinkles. Stress levels can be reduced by meditating, breathing deeply, and taking time for you.



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