

What prevents you from living your best and fullest life?

Energy



Weight



Mood



Sleep



Clarity



Stress



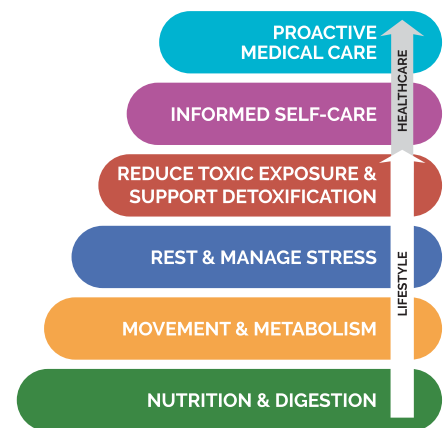
Metabolic Health and Biological Age Are Linked

- > As you age, so does your metabolic function.
- > Metabolism influences your energy, weight, body composition, sleep, and cognitive performance.

What's Metabolic Health

Metabolic health refers to the overall health and functioning of the body's metabolic system, which includes processes like digestion, energy production, and hormone regulation. Maintaining good metabolic health is important for overall wellbeing, as it can affect everything from weight management to long term disease.

A Wellness Lifestyle



Five Pillars of Metabolic Health



Healthy Eating



Daily Movement



Stress Management



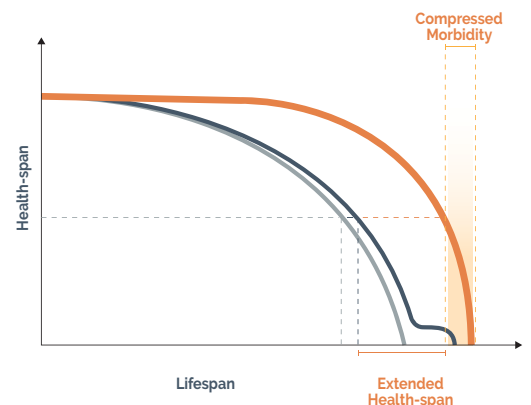
Healthy Connections



Smart Supplementation

Lifespan versus Health-Span

- > Lifespan is the number of years in your life.
- > Health-span is the number of healthy years in your life.



dōTERRA® MetaPWR



MetaPWR® Recharge

- > Provides balanced ratios of 6 electrolytes.
- > Includes over 74 minerals.
- > Promotes hydration at a cellular level.



MetaPWR® Active Blend

Available as an essential oil blend.

- > Supports a healthy diet and exercise routine.
- > Developed with dōTERRA clinical researchers.



Smooth
the Spikes



MetaPWR® Assist

- > Support energy levels.
- > Maintain general health and wellbeing.
- > Support healthy blood glucose levels.



Look
Better, Feel
Better

MetaPWR® Advantage

- > Supports energy levels.
- > Supports hair and skin health.
- > Contains antioxidants to reduce free radicals formed in the body.

Why Choose MetaPWR® Advantage?

- > It contains nine different types of collagen that each support different biological systems—from bone and skin health, to connective tissue health.
- > The collagen tripeptides in it are 12 times more bioavailable than most conventional collagen supplements on the market.

Daily Routine

Step 1: MetaPWR® Active Blend & MetaPWR® Recharge

Eat a well-balanced, whole-food diet and MetaPWR® Active Blend to your daily routine. Add MetaPWR® Recharge to your water bottle with cold water & sip throughout the day.

Step 2: MetaPWR® Assist

Take 15-30 mins before your largest meal of the day.

Step 3: MetaPWR® Advantage

Add a sachet to cold or room temperature water. Shake to dissolve before drinking.

Get Started Today with the MetaPWR® System

MetaPWR® Active Blend 15mL

Wholesale AU \$46.00
PV 35



MetaPWR® Recharge

Wholesale AU \$80.00
PV 45



MetaPWR® Assist

Wholesale AU \$38.00
PV 18



MetaPWR® Advantage

Wholesale AU \$104.00
PV 61



MetaPWR®

Active Blend 15mL

Citrusy, spicy, minty, sweet

Aromatic description

PRIMARY BENEFITS

- Creates an uplifting, stimulating environment.

PRODUCT DESCRIPTION

Live your most active life with our MetaPWR® Active Blend. Developed with dōTERRA clinical researchers, this stimulating combination of CPTG® essential oils complements your wellness lifestyle.

Featuring our MetaPWR® proprietary blend of Grapefruit, Lemon, Peppermint, Ginger and Cinnamon Bark essential oils, our MetaPWR® Active Blend supports a healthy diet and exercise routine, with an invigorating citrusy, spicy and minty aroma. Our MetaPWR® Active Blend can be taken internally or diffused to energise your fitness routine.

USES

- Diffuse or place a few drops on your hands, cup them over the nose, and inhale deeply to create a stimulating environment that's ideal for exercise.
- Add drops to a carrier oil or lotion during an uplifting massage.

DIRECTIONS FOR USE

DIFFUSION: Add four drops in the diffuser of choice.

INTERNAL: Take four drops in 200mL of water.

TOPICAL USE: Apply one to two drops to desired area.

See additional precautions below.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight and UV rays for at least 12 hours after applying product.

INGREDIENTS: Grapefruit, Lemon, Peppermint, Ginger, Cinnamon Bark.



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ALWAYS READ THE LABEL AND FOLLOW THE DIRECTIONS FOR USE.



MetaPWR® Assist

30 Capsules, 30 day supply

- MetaPWR® Assist can be a powerful addition to a daily health and wellness regimen.

PRODUCT DESCRIPTION

The combination of ingredients in MetaPWR® Assist helps to support healthy blood glucose levels and reduce carbohydrate metabolism. MetaPWR® Assist Dietary Supplement—part of the MetaPWR® Metabolic System—is created to support healthy lifestyle regimens focused on increased vitality.

DIRECTIONS FOR USE

Adults - Take 1 capsule with water, 15-30 minutes before a meal up to 3 times a day or as directed by your healthcare professional. Do not use if tamper evidence seal is missing, torn, or broken. Store below 25°C.

CAUTIONS

Always read the label and follow the directions for use.
KEEP OUT OF REACH OF CHILDREN.

PRIMARY BENEFITS

- Helps support health blood sugar/glucose levels.
- Reduces carbohydrate metabolism.
- Traditionally used in Western herbal medicine to decrease/reduce/relieve flatulence/carminative.

INGREDIENTS:

EACH CAPSULE CONTAINS:

Morus alba (Mulberry) leaf ext. dry conc.	250 mg
from dry leaf	12.5 gr
Phellodendron amurense stem bark ext. dry conc.	52.63 mg
from minimum dry stem bark	1.05 gr
stand. to berberine	25 mg
Cinnamomum verum (Cinnamon) stem bark	20 mg
Citrus X paradisi (Grapefruit) fruit peel oil essential	2.1 mg
Citrus limon (Lemon) fruit peel oil essential	1.5 mg
Mentha X piperita (Peppermint) herb oil essential	650 mcg
Zingiber officinale (Ginger) root oil essential	600 mcg
Cinnamomum verum (Cinnamon) stem bark oil essential	150 mcg

OTHER INGREDIENTS:

Bambusa breviflora leaf ext. dry conc.,
Oryza sativa (Rice) seed bran powder,
Maltodextrin, Leucine.

Capsule Ingredients: Hypromellose,
Gellan gum, Potassium acetate,
Disodium edetate, Purified water.

Contains: Sulfites.

30 DAY GUARANTEE

If you purchase dōTERRA® MetaPWR® Assist use it for 30 days, and are not satisfied with the results, you can return your product for a full refund.

TERMS AND CONDITIONS:

Must be a dōTERRA® Wellness Advocate, Wholesale Customer or Retail Member to participate in offer. Opened dōTERRA® MetaPWR® Assist products can be returned within 45 days of purchase for a full refund. No refund will be issued for opened product received after 45 days. Unopened, re-saleable product will follow the normal return policy. Guarantee can only be redeemed once per membership. dōTERRA® MetaPWR® Assist that is purchased as part of a kit receive a full refund determined by kit pricing.



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METAPWR® RECHARGE (LEMON-LIME FLAVOUR)

30 X 10mL sachets

Food supplement with magnesium, botanicals other minerals and sweeteners.

PRIMARY BENEFITS

- Provides balanced ratios of 6 electrolytes.
- Includes over 74 minerals.
- Three types of magnesium—citrate, sulphate and chloride.
- Free from GMOs, gluten, dairy, preservatives and artificial ingredients.

Potassium

- Potassium to support nerves and muscles.

Chloride

- Chloride for gut health support.

Magnesium

- Magnesium contributes to support electrolyte balance.
- Magnesium contributes to support muscles and bones.

PRODUCT DESCRIPTION

MetaPWR® Recharge is an exclusive blend of electrolytes, botanical extracts and minerals to promote lasting hydration at a cellular level. It's formulated with ginseng together with a unique marine multi-mineral complex. Sourced from rare red algae found only in Iceland and Ireland, this complex delivers essential trace nutrients absorbed from the sea during the algae's growth phase.

This formulation ensures optimal cooperation between water and cells, making hydration effortless. With a liquid format, it quickly disperses into water for convenient and immediate hydration.

USES

Use daily along with a whole foods diet and regular exercise for desired results.

Take in conjunction with the complete MetaPWR® System to live your most powerful life.

Read all caution and warning statements before use.

DIRECTIONS FOR USE

Shake sachet to activate. Empty liquid concentrate into 470 ml of cold water and enjoy.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN.

This food is not a sole source of nutrition and should be consumed in conjunction with a nutritious diet and an appropriate physical training or exercise program. Not suitable for children under 15 years of age or pregnant women: Should only be used under medical or dietetic supervision.



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METAPWR® RECHARGE (LEMON-LIME FLAVOUR)
30 X 10mL sachets

Nutrition Information

Serving per package: 30
Serving size: 10 mL (1 sachet)

	Average Quantity per 10 mL Serving	Average Quantity per 100 mL*
Energy	42 kJ	8 kJ
Protein	0 g	0 g
Fat, total	0 g	0 g
- saturated	0 g	0 g
Carbohydrate, total	3 g	LESS THAN 1 g
- sugars	LESS THAN 1 g	LESS THAN 1 g
Sodium	100 mg	20 mg
Potassium	300 mg	59 mg
Magnesium	90 mg	18 mg
Molybdenum	15 mcg	3 mcg
* of made-up drink when mixed with 500 mL water		

INGREDIENTS

Water, acidity regulators (citric acid, sodium ascorbate), stabilisers (magnesium chloride, calcium lactate, maltodextrin), sweeteners (glycerol, steviol glycosides), flavour enhancer (potassium chloride), thickeners (gum acacia, xanthan gum), sodium chloride, coconut juice, baobab fruit extract (0.8%), magnesium citrate, lithothamnium calcareum algae, natural flavour, panax ginseng root extract, magnesium sulfate, essential oil flavour blend (grapefruit peel oil, Lemon peel oil, Peppermint oil, Ginger root oil, Cinnamon bark oil), colour (beta-carotene), emulsifier (sunflower lecithin), antioxidant (tocopherols, DL-Alpha tocopherol), sodium molybdate, silicon dioxide, sunflower seed oil.

Contains: Coconut



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METAPWR® RECHARGE (WILD STRAWBERRY FLAVOUR)

30 X 10mL sachets

Food supplement with magnesium, botanicals other minerals and sweeteners.

PRIMARY BENEFITS

- Provides balanced ratios of 6 electrolytes.
- Includes over 74 minerals.
- Three types of magnesium—citrate, sulphate and chloride.
- Free from GMOs, gluten, dairy, preservatives and artificial ingredients.

Potassium

- Potassium to support nerves and muscles.

Chloride

- Chloride for gut health support.

Magnesium

- Magnesium contributes to support electrolyte balance.
- Magnesium contributes to support muscles and bones.

PRODUCT DESCRIPTION

MetaPWR® Recharge is an exclusive blend of electrolytes, botanical extracts and minerals to promote lasting hydration at a cellular level. It's formulated with ginseng together with a unique marine multi-mineral complex. Sourced from rare red algae found only in Iceland and Ireland, this complex delivers essential trace nutrients absorbed from the sea during the algae's growth phase.

This formulation ensures optimal cooperation between water and cells, making hydration effortless. With a liquid format, it quickly disperses into water for convenient and immediate hydration.

USES

Use daily along with a whole foods diet and regular exercise for desired results.

Take in conjunction with the complete MetaPWR® System to live your most powerful life.

Read all caution and warning statements before use.

DIRECTIONS FOR USE

Shake sachet to activate. Empty liquid concentrate into 470 ml of cold water and enjoy.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN.

This food is not a sole source of nutrition and should be consumed in conjunction with a nutritious diet and an appropriate physical training or exercise program. Not suitable for children under 15 years of age or pregnant women: Should only be used under medical or dietetic supervision.



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ALWAYS READ THE LABEL AND FOLLOW THE DIRECTIONS FOR USE.



METAPWR® RECHARGE (WILD STRAWBERRY FLAVOUR)

30 X 10mL sachets

Nutrition Information

Serving per package: 30
Serving size: 10 mL (1 sachet)

	Average Quantity per 10 mL Serving	Average Quantity per 100 mL*
Energy	42 kJ	8 kJ
Protein	0 g	0 g
Fat, total	0 g	0 g
- saturated	0 g	0 g
Carbohydrate, total	3 g	LESS THAN 1 g
- sugars	LESS THAN 1 g	LESS THAN 1 g
Sodium	100 mg	20 mg
Potassium	300 mg	59 mg
Magnesium	90 mg	18 mg
Molybdenum	15 mcg	3 mcg

* of made-up drink when mixed with 500 mL water

INGREDIENTS

Water, acidity regulators (citric acid), stabilisers (magnesium chloride, calcium lactate), sweeteners (glycerol, steviol glycosides), flavour enhancer (potassium chloride, Lemon juice concentrate), thickeners (gum acacia, xanthan gum), sodium chloride, coconut juice, baobab fruit extract (0.8%), magnesium citrate, lithothamnium calcareum algae, natural flavour, panax ginseng root extract, magnesium sulfate, essential oil flavour blend (grapefruit peel oil, Lemon peel oil, Peppermint oil, Ginger root oil, Cinnamon bark oil), colour (Purple carrot juice concentrate), emulsifier (sunflower lecithin), sodium molybdate, sunflower seed oil.

Contains: Coconut



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MetaPWR® Beadlets

125 Beadlets

PRIMARY BENEFITS

- Provides the MetaPWR® Active Blend in a convenient beadlet.
- Designed with your metabolism in mind.
- Promotes mindful eating.
- Delivers an uplifting, stimulating flavour.

PRODUCT DESCRIPTION

MetaPWR® Beadlets are an easy and convenient way to make MetaPWR® Active Blend part of your daily weight and exercise regimen.

Developed with dōTERRA® clinical researchers, MetaPWR® contains optimised ratios of CPTG® Grapefruit, Lemon, Peppermint, Ginger, and Cinnamon Bark essential oils to target your metabolism.

The vial makes the beadlets handy to keep in your purse, briefcase, backpack, or desk so you can support mindful eating anytime and anywhere.

MetaPWR® Beadlets—part of the MetaPWR® System—are created to support healthy lifestyle regimens focused on increasing vitality and supporting overall health and wellness.

No GMO, no Dairy, no Soy, no Gluten, no Preservatives, no Artificial Sweeteners or Flavours.

DIRECTIONS FOR USE

Chew a beadlet up to four times, as needed, throughout the day.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN. If you are under the age of 18, pregnant, nursing, or under a doctor's care and before starting any exercise or metabolic health program, consult your physician before use.

INGREDIENTS

MetaPWR® Active Blend (Grapefruit, Lemon, Peppermint, Ginger, Cinnamon Bark Essential Oils), Medium Chain Triglycerides, Guar Gum, Agar, Glycerin, Sodium Alginate, Xylitol.
Contains Coconut.



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MetaPWR® Advantage

30 x 6g Sachets

- MetaPWR® Advantage can be a powerful addition to a daily health and wellness regimen.

PRODUCT DESCRIPTION

Developed by dōTERRA® researchers, MetaPWR® Advantage can serve as an important part of a daily healthy metabolic regimen, enhancing collagen formation, supporting skin health, with the added benefit of antioxidants to reduce free radicals formed in the body.

Combined with healthy lifestyle choices, taking MetaPWR® Advantage once a day can help support energy production. Advantage also contains nine types of collagen tripeptides from marine sources, which supports skin elasticity in females, increases hydration, and assists connective tissue production when dietary intake is inadequate.

DIRECTIONS FOR USE

Adults - Take 1 sachet a day. Dissolve contents in cold or room temperature water. Shake before drinking.

CAUTIONS

Not recommended for use by pregnant and lactating women. Resveratrol may affect the way some medicines work, including Warfarin. Consult your health professional before taking with other medicines. **KEEP OUT OF REACH OF CHILDREN.**

PRIMARY BENEFITS

- Antioxidant/Reduce free radicals formed in the body when dietary intake is inadequate.
- Helps enhance/promote collagen formation in females.
- Maintain/support collagen formation when dietary intake is inadequate.
- Maintain/support collagen formation in females.
- Maintain/support collagen health in females.
- Helps convert fats and carbohydrates into energy.
- Maintain/support energy production.
- Maintain/support body mucous membrane health.
- Maintain/support general health and wellbeing when dietary intake is inadequate.
- Maintain/support general health and wellbeing.
- Maintain/support hair health.
- Maintain/support healthy teeth when dietary intake is inadequate.
- Maintain/support nail health/strength/thickness.
- Maintain/support connective tissue health when dietary intake is inadequate.
- Maintain/support bone health when dietary intake is inadequate.
- Maintain/support blood capillary health when dietary intake is inadequate.
- Maintain/support blood vessel health when dietary intake is inadequate.
- Traditionally used in Western herbal medicine to decrease/reduce/relieve flatulence/carminative.
- Maintain/support immune system health when dietary intake is inadequate.
- Maintain/support healthy immune system function when dietary intake is inadequate.
- Maintain/support absorption of dietary iron when dietary intake is inadequate.
- Maintain/support Vitamin C levels in the body when dietary intake is inadequate.
- Maintain/support Biotin levels in the body.
- Aid/assist/helps metabolism of Carbohydrates, Fats & Proteins.
- Maintain/support Vitamin C within normal range when dietary intake is inadequate.
- Maintain/support Biotin within normal range.

30 DAY GUARANTEE

If you purchase dōTERRA® MetaPWR® Advantage use it for 30 days, and are not satisfied with the results, you can return your product for a full refund.

TERMS AND CONDITIONS:

Must be a dōTERRA® Wellness Advocate, Wholesale Customer or Retail Member to participate in offer.

Opened dōTERRA® MetaPWR® Assist products can be returned within 45 days of purchase for a full refund. No refund will be issued for opened product received after 45 days.

Unopened, re-saleable product will follow the normal return policy.

Guarantee can only be redeemed once per membership.

dōTERRA® MetaPWR® Advantage that is purchased as part of a kit receive a full refund determined by kit pricing.



MetaPWR® Advantage

30 x 6g Sachets

INGREDIENTS:

EACH SACHET CONTAINS:

Hydrolysed collagen (fish)	3 g
Saccharomyces cerevisiae (Brewer's yeast)	250 mg
Ascorbic acid (Vitamin C)	90 mg
Resveratrol	30 mg
Hippophae rhamnoides (Sea buckthorn) fruit juice powder	78.2 mg
Citrus sinensis (Red orange) fruit juice powder	18 mg
Malus domestica (Apple) fruit extract dry concentrate from dry fruit	8.06 mg 161.2 mg
Sodium hyaluronate	10 mg
Punica granatum (Pomegranate) fruit extract dry concentrate from fresh fruit	200 mg 45 g
Oryza sativa (Rice) seed oil fixed	2 mg
Biotin	30 mcg

OTHER INGREDIENTS:

Citrus X paradisi (Grapefruit) fruit peel oil essential, Citrus limon (Lemon) fruit peel oil essential, Mentha X piperita (Peppermint) herb oil essential, Zingiber officinale (Ginger) root oil essential, Cinnamomum verum (Cinnamon) stem bark oil essential, Vitis vinifera (Grape) fruit juice concentrate, Vitis vinifera (Grape) seed powder, maltodextrin, lecithin, rice bran oil dry, citrus bioflavonoids extract, dextrin, citric acid, sodium citrate, Steviol glycosides, gamma-cyclodextrin, calcium carbonate, Gentiana lutea (Gentian) root powder, flavour.

Contains: Fish and Phenylalanine.



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