# Lavender Peace™ Restful Blend

## doTFRRA



doTERRA's Lavender Peace™ Restful Blend has a calming and relaxing aroma that provides a unique user experience. This perfectly balanced blend includes essential oils renowned for their soothing and calming properties. Cedarwood, Ho Wood, and Vetiver essential oils give Lavender Peace™ a grounding and soothing aroma for a relaxing environment.

### Benefits:

- Helps promote a calm relaxed environment
- Use before bedtime for a restful sleep
- · Soothing and calming to the senses
- Unwind with the lulling aroma of Lavender Peace™

#### WHAT IT TAKES TO MAKE A BOTTLE









Hawaiian

Certified Pure Tested Grade® The CPTG Certified Pure

Ho Wood



Lavender Calming &



Marjoram positive, calming



Tested Grade® quality testing process includes eight main steps and third party testing to quarantee that every batch of doTFRRA® essential oil is pure. and unadulterated.

Vanilla Bean



Vetiver





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## WAYS TO USE

- Diffuse Lavender Peace™ at night to create a calming environment.
- · Massage this blend onto bottoms of feet at bedtime, to help unwind before going to sleep.
- · Inhale this blend directly from hands or diffuse throughout the day for a soothing and calming aroma.

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