

Lavender

Essential Oil

dōTERRA
AUSTRALIA & NEW ZEALAND



Steam Distilled

BENEFITS ————— **BOTH SIDES OF THE BOTTLE** ————— GLOBAL BENEFITS

CP TG Certified Pure Tested Grade®

Lavender essential oil, *Lavandula augustifolia*. Lavender has been used and cherished for centuries for its unmistakable aroma and myriad of benefits.

In ancient times, the Egyptians and Romans used **Lavender** for bathing, relaxation, cooking, and as a perfume. Its calming and relaxing qualities continue to be **Lavender** essential oil's most notable attributes.

Lavender essential oil is considered the must-have essential oil to have on hand at all times.

SOURCED in Bulgaria & France



dōTERRA
cō-impact
SOURCING

dōTERRA
healing hands
FOUNDATION
AUSTRALIA & NEW ZEALAND

In addition to supplying the highest quality essential oils dōTERRA® is committed to making a positive difference in the lives of farmers, harvesters, and distillers who contribute to dōTERRA's oil production.

sourcetoyou.com

WHAT IT TAKES TO MAKE A BOTTLE



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It takes three bushes of lavender to produce 15mL of **Lavender** essential oil.

TO TRY

Add **Lavender** essential oil to bath water while soaking away stress.

Apply **Lavender** essential oil to the temples and the back of the neck.

Add a few drops of **Lavender** essential oil to pillows, bedding, for a relaxing aroma before a restful night's sleep.

RECOMMENDATION OF USE

BLENDS WELL WITH



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CONTACT DETAILS

dōTERRA®
Lavender Essential Oil

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