

# Frankincense

Essential Oil

dōTERRA  
AUSTRALIA & NEW ZEALAND



Steam Distilled

BENEFITS ————— **BOTH SIDES OF THE BOTTLE** ————— GLOBAL BENEFITS

**CP** **PTG** Certified Pure Tested Grade®

Frankincense essential oil, *Boswellia carterii*, *frereana*, and *sacra* has rightfully earned its title as the "King" of all oils due to its versatility and complex chemistry. It's beautifying, aromatic and soothing properties are extremely powerful, and can support an everyday wellness lifestyle. When in doubt, turn to Frankincense essential oil, and the King will sort you out.



dōTERRA  
**cō·impact**  
SOURCING

dōTERRA  
**healing hands**  
FOUNDED BY AUSTRALIA & NEW ZEALAND

In addition to supplying the highest quality essential oils dōTERRA® is committed to making a positive difference in the lives of farmers, harvesters, and distillers who contribute to dōTERRA's oil production.

[sourcetoyou.com](http://sourcetoyou.com)

**SOURCED** in Oman & Somalia

**WHAT IT TAKES TO MAKE A BOTTLE**



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It takes over 220 grams of resin to produce 15mL of Frankincense essential oil.

**TO TRY**

Rub **Frankincense** essential oil on your hands after a long day of gardening for a soothing effect.

Apply **Frankincense** essential oil topically to help reduce the appearance of skin imperfections.

Massage **Frankincense** essential oil on the bottoms of feet to promote feelings of relaxation and to balance mood.

**RECOMMENDATION OF USE**

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**BLENDS WELL WITH**



dotERRA  
AUSTRALIA & NEW ZEALAND

CONTACT DETAILS

dotERRA®  
**Frankincense** Essential Oil

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