# **dōTERRA®**



# PURSUE WHAT'S PURE

# **AUSTRALIA & NEW ZEALAND**

## dōTERRA's Promise of Purity!

The purity of an essential oil is its most important characteristic. When an essential oil is adulterated or contaminated, it becomes less effective and can even be unsafe, depending on the type of adulteration or contamination. Purity is doTERRA's priority when producing essential oils.





#### What are Essential Oils?

- Pure extracts from plants (50-70 times more powerful than herbs).
- Nature's defence mechanism for plants and cells.
- Used anciently and throughout history for health benefits.
- Highly concentrated 1 drop of Peppermint essential oil = 28 cups of peppermint tea.



# Why doTERRA Essential Oils are the purest, most effective oils you can find in the world?

#### **CERTIFIED PURE TESTED GRADE**

- Quality! doTERRA has established a standard of purity – Certified Pure Tested Grade
- Plants are grown and oils harvested in their natural habitat.
- Each batch undergoes multiple third-party tests for purity.
- Care and consideration taken in each step of the process, to nurture the plants and the local communities.
- Essential oils help you take control of your wellness, naturally.

#### Source the Best, Help the Most

Explore how doTERRA sources only the most pure, potent, and effective oils on the Earth. doTERRA is committed to providing only the highest quality essential oils to every household throughout the world. This commitment to not only source the highest quality essential oils but to also improve the lives of the communities' results in a great deal of trust.





# **Essential Oil Purity: CPTG Quality Testing**

# 3 Ways to Use doTERRA Essential Oils

#### **AROMATICALLY** Diffuse or inhale to:

- · Create a specific environment
- Freshen the air
- · Impact and influence your mood
- Support clear and easy breathing



## **INTERNALLY** Enjoy a few drops:

- · Add to your favourite drink
- · Under your tongue for internal support
- · Enhance the flavours of your cooking
- Use as directed on label



## **TOPICALLY** *Apply to affected area for:*

- Localised benefits
- When applied to the bottom of your feet it can impact your system in as little as 30 seconds!
- Apply to feet, back of ears, chest and back of neck, massage head or troubled areas.
- Use with caution on sensitive skin

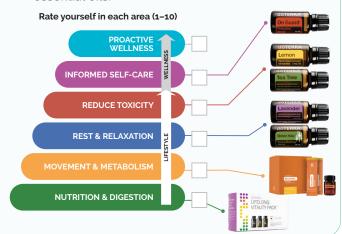
   Keep out of eyes and noses or discomfort with result.
- For sensitivity dilute with fractionated coconut oil.



## **Build Foundational Wellness with doTERRA**

#### For optimal wellness and nutrition

- Use doTERRA's rare, natural, and pure essential oils.
- Exercise daily, get adequate sleep and eat right.
- doTERRA have amazing nutritional and cleaning product lines that maximise the impact of the essential oils.



# **Product Highlights**

## **Lavender Essential Oil**

- Reduce Symptoms of stress
- Soothe mild skin burn/ acne
- Promotes mind relaxation
- Relieve restless sleep



#### **Lemon Essential Oil**

- Relieve symptoms of mild arthritis
- Support healthy digestion
- · Increase mental endurance
- Help relieve the severity of common cold/ flu



#### On Guard® Essential Oil Blend

- Protects against environmental and seasonal threats
- Create a cleansing and uplifting environment



## **Peppermint Essential Oil**

- Help reduce symptoms of mild tension headaches
- Relieve digestive spasms, colic and abdominal discomfort



#### Tea Tree Essential Oil

- Clear respiratory tract
- Reduce itchy skin associated with mild eczema/ dermatitis
- Relieve symptoms of insect bite/ sting



## dōTERRA Shinrin-Yoku™ Oil

- Diffuse for the same relaxing benefits of forest bathing.
- Smells like the forest- perfect to calm down negative emotions.



Research now concludes that the ancient Japanese practice of 'Shinrin-yoku' or forest bathing has supportive benefits to both our physical and mental health. Retreating to the inner sanctum of the trees is now scientifically proven to relieve stress, reduce blood pressure and support our immune defences.

## **Lifelong Vitality Pack**

dōTERRA Lifelong Vitality Pack® is full of essential nutrients, metabolism benefits and powerful antioxidants designed to help promote energy, health, and lifelong vitality.



## MetaPWR® System

Showcasing a proprietary blend of powerful natural ingredients, this innovative and synergistic product range complements your daily health and wellness routine.



# How to get doTERRA Essential Oils

**NOTES** 

- Choose a starter kit that is best for you.
   Free membership when you purchase an enrolment kit (\$35 AUD membership fee waved).
- Members receive ongoing 25% discount off retail\*
   (When you renew your membership each year).

# dōTERRA has a Loyalty Rewards Program

- Score yourself a FREE Product every month when you order a single 125PV order before the 15th of the month.
- Accumulate points which can be used to redeem free product!

\*Some of our doTERRA Commissions rely on you placing a monthly Loyalty Rewards Order.