

ENTER TO **WIN**

A little thank you for attending.

Name: _____

Phone: _____

Email: _____

Right now, I'd love support with:

(you can tick more than one)

- Stress, overwhelm or emotional balance
- Sleep or energy
- Hormones or midlife wellbeing
- Gut, immunity or general wellbeing
- Natural solutions for my family
- I'm just curious and learning
- Other: _____

I'm open to learning more about:

(tick any that feel relevant)

- Using essential oils in everyday life
- Natural wellness education
- Hosting something simple with friends
- Creating extra income in a values-led way

BEST TIME TO CONNECT:

Morning Midday Evening

BEST WAY TO CONNECT:

Text Phone Email

Every entry receives a follow-up wellness consult.

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