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Ingredients: Peppermint, Coriander, Ginger, Caraway, Cardamom, Fennel, Anise essential oils, Linalool*, Limonene*, Citral*

Aromatic Description: Spicy, sweet, minty

ZenGest® | Essential Oil Blend 15 mL

60223702

Primary Benefits

- + Unique blend of Ginger, Peppermint, Caraway and Fennel essential oils

Description

This unique blend with Ginger, Peppermint, Caraway and Fennel essential oils is beneficial for stomach discomfort. A must-have oil on-the-go or at home!

Uses

- + Provides a soothing abdominal massage
- + Take ZenGest® when traveling or on-the-go for convenient support at a moment's notice.
- + Apply to the stomach or bottoms of feet after eating a large meal

Directions

Topical: General cosmetic use, apply to desired area. For targeted skin application, mix 1-2 drops with ~10 drops carrier oil. For perfuming, apply 1-2 drops to ~5 drops carrier oil, or apply neat.

Cautions

Possible skin sensitivity. Only use diluted. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. For external use only.

*Naturally occurring oil compounds