

# ZenGest™

Essential Oil Supplement 5 mL

dōTERRA®

Product Information Page (UAE)



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**Application:** ⓘ

**Ingredients:** Peppermint, Coriander, Ginger, Caraway, Cardamom, Fennel, Anise, and Tarragon essential oils.

**Aromatic Description:** Spicy, sweet, minty

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**ZenGest™** | Essential Oil Supplement 5 mL

**60223724**

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## Primary Benefits

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- + Supports a healthy digestive system.

## Description

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This unique blend with Ginger, Peppermint, Caraway and Fennel essential oils is beneficial for stomach discomfort. A must-have oil on-the-go or at home!

## Uses

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- + Add 1-2 drops to water or tea after large or heavy meals, before flying or taking a road trip.
- + Take ZenGest™ when traveling or on-the-go for convenient support at a moment's notice.

## Directions

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**Internal:** Dilute one drop in 120 mL of liquid. Take it once a day.

## Cautions

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Only use diluted. Take no more than one drop per day. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.