



**Application:** T | S

**Ingredients:** Wild Orange, Clove, Cinnamon, Eucalyptus, and Rosemary essential oils

**Aromatic Description:** Warm, spicy, camphoraceous, woody

On Guard® | Essential Oil Blend 15 mL

60223709

## Primary Benefits

- + During chilly days On Guard® can help invigorate the body when applied on the bottoms of the feet
- + Energizing and uplifting aroma when applied on the skin.

## Description

As one of the best selling brands of dōTERRA, On Guard® can be used topically on the hands or bottom of the feet, diluted with a carrier oil of preference to help support wellness.

## Uses

- + Apply 1–2 drops diluted with a carrier oil on the bottoms of children's feet in the morning before school for an uplifting scent that can last the entire day.
- + This blend's sweet and uplifting fragrance will help provide an energizing sensation when used in a class setting, at work, or at home. Place one to two drops of On Guard® essential oil on your wrists or back of the neck to feel its invigorating benefits.

## Directions

**Topical:** General cosmetic use, apply to desired area. For targeted skin application, mix 1-2 drops with ~10 drops carrier oil. For perfuming, apply 1-2 drops to ~5 drops carrier oil, or apply neat.

## Cautions

Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight and UV rays for at least 12 hours after applying product. For external use only.