

Lemongrass

Cymbopogon flexuosus 15 mL

dōTERRA®

Product Information Page (UAE)



Application: T | S

Ingredients: Cymbopogon Flexuosus Oil

Aromatic Description: Citrus, herbaceous, smoky

Lemongrass | *Cymbopogon Flexuosus* Oil 15 mL

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Primary Benefits

- + Soothes skin
- + Provides a refreshing sensation on skin

Description

Lemongrass essential oil has purifying and toning properties for the skin and is frequently used in skin care products for these benefits. Lemongrass is an ideal oil to use in massage therapy. Lemongrass has a pungent, herbaceous aroma that can heighten awareness and promote a positive outlook.

Uses

- + Combine with equal parts Fractionated Coconut Oil for a massage after a hard workout.
- + Dilute oil, then rub or spritz on skin before going outside.

Directions

Topical use: Apply to desired area. For targeted skin application, mix 1-2 drops with ~10 drops carrier oil. For perfuming, apply 1-2 drops to ~5 drops carrier oil.

Cautions

Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears and sensitive areas. For external use only.