# Lemon Citrus Limon 15 mL



#### Application: 🔽 🕓

Ingredients: Citrus Limon (Lemon) Peel Oil, Limonene\*, Linalool\* Aromatic Description: Clean, fresh, citrus, bright

Lemon | Citrus limon 15 mL 60223707

## **Primary Benefits**

- + Cold pressed from lemon rinds to preserve its delicate nature and useful, potent properties.
- + Uplifting and energising properties that promote a positive mood with its invigorating aroma.

#### Description

The top-selling dōTERRA® essential oil, Lemon has multiple benefits and uses. Lemon essential oil can help nourish the skin when used as a gentle exfoliating agent to help remove dead skin.

#### Uses

- Helps maintain clear skin and it enhances a natural glow when used with your usual facial cleanser once daily only a few times a week. Follow any other step of your skin care routine.
- + Lemon essential oil has natural antioxidants which help nourish tired skin when used topically. It is important to avoid direct sunlight for at least 12 hours after using Lemon essential oil on the skin.
- + For perfuming, apply 1-2 drops to ~5 drops carrier oil, or apply neat.

## Directions

**Topical:** General cosmetic use, apply to desired area. For targeted skin applications, mix 1-2 drops with ~10 drops carrier oil. For perfuming, apply 1-2 drops to ~5 drops carrier oil, or apply neat.

## Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight and UV rays for at least 12 hours after applying product. For external use only.