

# Juniper Berry

Essential Oil Supplement 5 mL

dōTERRA®

Product Information Page (UAE)



**Application:** 

**Ingredients:** Juniperus Communis Fruit Oil.

**Aromatic Description:** Balsamic, fresh, woody, spicy

**Juniper Berry** | Essential Oil Supplement 5 mL

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## Primary Benefits

+ May have antioxidant properties

## Description

Woody, fresh, and crisp, CPTG® Juniper Berry essential oil has a calming and grounding aroma. Use of the berries of the juniper, a coniferous tree, can be traced to the Old Testament and has a rich history of traditional uses and benefits. The specific properties in Juniper Berry may be beneficial to the body as a whole.

## Uses

+ Add a drop to water or citrus drinks for a boost of flavour.

## Directions

Dilute one drop in 120 mL of liquid. Take it once a day.

## Cautions

Only use diluted. Take no more than one drop per day. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. Avoid contact with sensitive areas.