

# Frankincense

Essential Oil Supplement 5 mL

dōTERRA®

Product Information Page (UAE)



CP™TG®

**Application:** ⓘ

**Ingredients:** *Boswellia Carterii Oil, Boswellia Sacra Resin, Boswellina Papyrifera Resin Oil, Boswellia Frereana Resin Oil.*

**Aromatic Description:** Warm, spicy, herbal

**Frankincense** | Essential Oil Supplement 5 mL

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## Primary Benefits

- + Supports a healthy digestive system.

## Description

One of the most prized and precious oils due to its rich aroma, Frankincense is often referred to as the “king” of essential oils. Centuries ago, ancient Egyptians used Frankincense resin for everything from perfume to salves for the skin. Frankincense essential oil has extraordinary benefits. When taken internally, Frankincense promotes feelings of peace, relaxation, satisfaction, and overall wellness.

## Uses

- + Add a drop or two to a glass of water as part of your daily regimen.
- + Frankincense essential oil can help support digestion.

## Directions

**Internal:** Dilute one drop in 120 mL of liquid. Take it once a day.

## Cautions

Only use diluted. Take no more than one drop per day. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. Avoid contact with sensitive areas.