

Cinnamon Bark

Essential Oil Supplement 5 mL

dōTERRA®

Product Information Page (UAE)



Application: 

Ingredients: Cinnamomum Zeylanicum Bark Oil

Aromatic Description: Spicy, woody, sweet, warm

Cinnamon Bark | Essential Oil Supplement 5 mL

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Primary Benefits

- + Helps maintain a healthy immune system when taken internally

Description

The sweet, spicy aroma of cinnamon bark is loved around the world. Cinnamon is derived from a tropical evergreen tree that grows up to 45 feet high and has highly fragrant bark, leaves, and flowers. Cinnamon Bark has a long history of culinary uses, but its essential oil is surprisingly versatile. Cinnamon is frequently used in mouth rinses and gums.

Uses

- + Add a drop to a small amount of water and gargle for an effective mouth rinse.
- + In your next recipe including cinnamon, replace ground cinnamon with Cinnamon essential oil for a delightfully spicy flavour.

Directions

Internal use: Dilute one drop in 120 mL of liquid. Take it once a day.

Cautions

Only use diluted. Take no more than one drop per day. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. Avoid contact with sensitive areas.