



**Application:** T | N

**Ingredients:** Fractionated Coconut Oil, Black Spruce, Ho Wood, Frankincense, Blue Tansy, Blue Chamomile, Osmanthus, Limonene\* and Linalool\*

**Aromatic Description:** Airy, fresh, sweet, woody

Balance™ | Essential Oil Blend 15 mL

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## Primary Benefits

- + Creates a sense of calmness and wellbeing
- + Its perfect fragrance helps promote feelings of balance and tranquility

## Description

The fresh and woody aroma of Balance™ is a perfect go-to-oil when you need a little harmony in your life.

Spruce, Ho Wood, Frankincense, Blue Tansy and Blue Chamomile blend perfectly with Fractionated Coconut Oil to offer an enticing fragrance that, when applied topically, promotes calm, relaxation and wellbeing.

## Uses

- + Combine Balance™ with Epsom salts in a warm bath for relaxation.
- + Apply Balance™ to neck and wrists to help promote feelings of tranquility.
- + Apply topically before bed to steady yourself and promote peaceful dreams.

## Directions

**Topical:** General cosmetic use, apply to desired area. For targeted skin application, mix 1-2 drops with ~10 drops carrier oil. For perfuming, apply 1-2 drops to ~5 drops carrier oil, or apply neat.

## Cautions

Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. For external use only.

\*Naturally occurring oil compounds