

1 What are Essential Oils?



- Pure plant extracts
- Aromatic compounds that are extracted and distilled from plants for various wellness benefits
- Highly concentrated
- Found in seeds, bark, stems, roots, flowers and other plant parts
- Natural solutions for your home and wellbeing

1 drop of Peppermint Essential Oil = 28 Cups of peppermint tea




Peppermint 15ml (Sourced from India/USA)

T | D

- Use a drop around the neck to wake the senses
- For perfuming, apply 1-2 drops to ~5 drops carrier oil, or apply neat.
- Apply to pulse points with a carrier oil when feeling fatigued or low energy

2 Why use dōTERRA Essential Oils?



- 100% natural, without any synthetic chemicals
- Affordable cost-per-drop
- Pure, safe, and potent
- Easily absorbed by your body
- Contain an array of compounds that provide versatile benefits



Lavender 15ml (Sourced from Bulgaria/France)

T | S

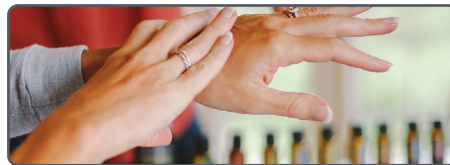
- Add to bath water to soak away your worries
- Apply one drop to your beauty routine to promote healthy skin
- Add a few drops of Lavender to pillows or bedding to promote relaxation

3 How do you use dōTERRA Essential Oils?



A Aromatic

Inhale or diffuse to open airways, improve mood and freshen the air.



T Topical

Apply topically to localize desired areas. Use a carrier oil to sustain absorption.



I Internal

Enjoy a few drops in water or under your tongue.



dōTERRA Deep Blue® 5ml (Soothing Blend)

T | S

- Apply to feet and knees before and after exercise
- After long hours on the computer, rub Deep Blue® essential oil blend on your fingers, wrists, shoulders and neck



Lemon 5ml (Sourced from Brazil/Italy)

I

- Add Lemon oil to your water for a refreshing taste or as an alternative to sodas and sugary drinks
- Add to your favourite treats and dessert recipes for a sweet and zesty punch



Frankincense 15ml (Sourced from Somalia/Oman/Ethiopia)

T | N

- Rub Frankincense on your hands after a long day for a soothing effect
- Add two drops to moisturiser to help reduce appearance of blemishes
- promote rejuvenation of skin



ZenGest® 15ml (Sourced from Brazil/Italy)

T | N

- Apply topically after eating a large meal
- Take ZenGest® when traveling or on-the-go for convenient support at a moment's notice.
- Provides a soothing abdominal massage



dōTERRA On Guard® 5ml (Protective Blend)

A | S

- Soak sliced apples in water and a few drops for a healthy snack.
- Add one drop in a glass of water daily to help support a healthy immune system
- Supports a healthy immune system



Tea Tree 15ml (Sourced from Australia/Kenya)

T | S

- Combine 1-2 drops with your facial cleanser or aftershave
- Apply to nails after bathing to keep them looking healthy
- For topical skin application, apply 1-2 drops of Tea Tree essential oil onto area.



Oregano 5ml (Sourced from Turkey)

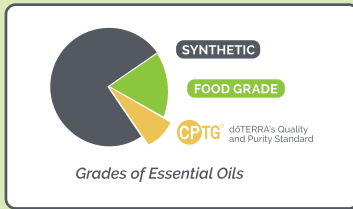
I

- Supports a healthy digestive system
- Put one drop in place of dried oregano in sauces or on a roast

Application Methods:

- A** Can be used aromatically
- I** Can be used internally
- T** Can be used topically
- N** Can be used with no dilution (neat)
- S** Dilute for young or sensitive skin (sensitive)

4 What makes dōTERRA Essential Oils different?



Certified Pure Tested Grade®

Our oils are the most tested, most trusted

- CPTG® is dōTERRA's guarantee that our oils are pure and free of fillers or harmful contaminants
- CPTG® quality processes span the entire supply chain and include over 50 separate tests
- Scan the QR code for more information



Co-Impact Sourcing™

We source the best and help the most

- Ensure plants are harvested sustainably in their natural habitat
- Work with farmers & distilleries directly, providing fair & on-time payments
- We invest in their infrastructure

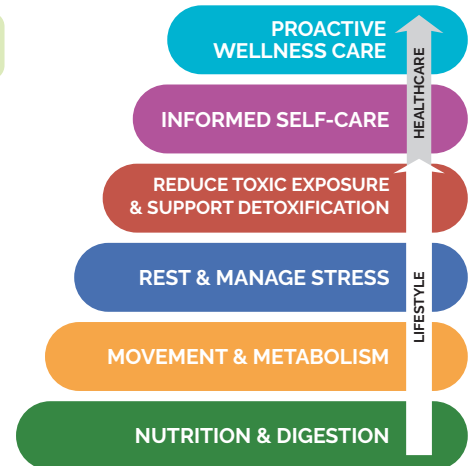
dōTERRA Healing Hands™

We help the world heal

- We join with our Wellness Consultants and other partners to give back to our grower communities
- Investments in communities include clinics, schools, water projects, etc.

5 How can our natural solutions help you achieve your goals?

Top Wellness Goals	Natural Solutions
1	
2	
3	



Suggested essential oil education reference materials:

6 Let's get started!

Choose a kit, membership type, and whether to opt into LRP

FAMILY ESSENTIALS KIT

SKU: 60223818
WHOLESALE: AED675.00
PV: 125



HOME ESSENTIALS KIT

SKU: 60223817
WHOLESALE: AED1,275.00
PV: 285



Membership Benefits	Wholesale Customer	Wellness Consultant
25% discount	💧	💧
Loyalty rewards (LRP)	💧	💧
Earn bonuses		💧

Loyalty Rewards Program (LRP)

Starting the month following registration you can begin accumulating points from your monthly orders. Redeem points for free dōTERRA products.

Loyalty Rewards Program Percentage



Next Steps:

- Place first order of oils or kits discussed above and opt into LRP
- Schedule a follow up meeting to review the Live Guide and complete the Wellness Consult on page 16
- Wellness Consult time & date: _____, place: _____