



ESSENTIAL OIL
SOLUTIONS
with dōTERRA

Oils for Outdoor Adventures Plus a Look at Citronella

Why can essential oils be beneficial for outdoor activities?

What essential oil blend can you use to repel mosquitoes?

Which dōTERRA products did Samantha mention to help with skin irritation?

What are some of the products you can use when seasonal threats are high?

What is an interesting fact you learned about Citronella?
