

Red Mandarin

Citrus nobilis 5 mL

dōTERRA®

PRODUCT INFORMATION PAGE



CPTG Certified Pure Tested Grade™

Application: A T I N

Plant Part: Peel

Extraction Method: Cold pressed

Aromatic Description: Sweet, citrusy, slightly floral

Main Chemical Components: Limonene

PRIMARY BENEFITS

- Uplifts mood
- Clarifying to the skin
- Beneficial for the digestive system*

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Citrus nobilis 5 mL

PRODUCT DESCRIPTION

Also known as Tangor and Temple Orange, Red Mandarin is darker in color than regular mandarin and has a sweet, citrusy, and slightly floral aroma. Of all the citrus oils, Red Mandarin is the sweetest and blends well with floral, wood, spice, and herb essential oils. Diffusing Red Mandarin uplifts mood while easing tension and can be combined with your favorite cleanser to improve the appearance of oily skin. Red Mandarin is beneficial for the digestive system when used internally* and can be purifying to the skin and air.

USES

- Add two to three drops to your favorite cleanser for additional clarifying properties.
- Diffuse first thing in the morning to energize and uplift mood.
- Add two to three drops to juice, tea, or healthy drink for digestive benefits.*

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

Internal use: Dilute one drop in 4 fl. oz. of liquid.

Topical use: Apply one to two drops to desired area. Dilute with carrier oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight and UV rays for at least 12 hours after applying product.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.