

Patchouli

Pogostemon cablin 15 mL

dōTERRA®

PRODUCT INFORMATION PAGE



CPTG Certified Pure Tested Grade®

Application: **A** **T** **I** **N**

Plant Part: Leaf

Extraction Method: Steam distillation

Aromatic Description: Rich, woody, musky, earthy

Main Chemical Components: Patchouli alcohol, α -bulnesene, α -guaiene

PRIMARY BENEFITS

- Provides a grounded, balanced environment
- Promotes a smooth, glowing complexion when applied to skin
- Reduces the appearance of wrinkles, blemishes, and skin imperfections when applied topically

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PRODUCT DESCRIPTION

Patchouli is a bushy herb from the mint family with stems reaching two or three feet in height and bearing small, pink-white flowers. Easily recognized for its rich, musky-sweet fragrance, Patchouli is regularly used in the perfume industry as well as in scented products such as laundry detergents and air fresheners. Patchouli is beneficial to the skin in many ways. It is often used topically to help reduce the appearance of wrinkles, blemishes, and minor skin imperfections and to promote a smooth, glowing complexion.

USES

- Apply to the forehead, temples, or back of the neck after a long day of work.
- Apply one to two drops to help reduce the appearance of wrinkles, blemishes, or problem skin areas, or add to your favorite moisturizer.
- Rub on the bottoms of feet.

DIRECTIONS FOR USE

Aromatic use: Add three to four drops in diffuser of choice.

Internal use: Dilute one drop in 4 fluid ounces of liquid.

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.