

Brave™

Courage Blend 10 mL Roll-on

dōTERRA®

PRODUCT INFORMATION PAGE



CP **TG** Certified Pure Therapeutic Grade®

Application: **A** **T** **N**

Ingredients: Wild Orange, Amyris, Osmanthus, and Cinnamon in a base of Fractionated Coconut Oil

Aromatic Description: Warm citrus, floral, faintly spicy

PRIMARY BENEFITS

- Energizing and invigorating to the senses
- Supports a positive mood by helping to manage feelings of occasional stress or anxiousness
- Promotes feelings of confidence, courage, and belief in oneself

Brave™

Courage Blend 10 mL Roll-on

Available in:

dōTERRA Kid's Collection

Part Number: 60206616

PV: 85

Available For Individual Sale November 1, 2018

Part Number: 60206618

PRODUCT DESCRIPTION

Begin each day with confidence and belief by pairing Brave Courage Blend with your positive affirmation practice. Allow yourself to reset when experiencing feelings of doubt and stress by rolling Brave onto the back of your neck and pulse points. Combining Wild Orange, Amyris, Osmanthus, and Cinnamon Bark in a gentle and quick application method mixed expertly with Fractionated Coconut Oil, Brave is an essential emotional boost to your day. With a bright and warm aroma, Brave is the perfect blend to invigorate and empower you when you're feeling unmotivated. Featuring the unique essential oil from Amyris Wood, Brave helps promote a calm environment while reducing feelings of anxiousness and stress. Before tackling life's big (or small) moments, roll Brave onto the bottoms of your feet and the backs of your hands to instill courage and positivity, with the reassurance that you can accomplish anything.

USES

- Comfortably use Brave Courage Blend throughout the day to encourage tranquility and reduce feelings of occasional tension and anxiousness.
- Use Brave before new or different situations to promote feelings of courage and confidence.

DIRECTIONS FOR USE

Aromatic Use: Roll on to diffusing jewelry, natural dolomite, or lava diffusing rocks.

Topical Use: Apply to desired area. Intended for use with adult supervision.

CAUTIONS

Keep out of reach of children under 3. Possible skin sensitivity. If under a doctor's care, consult your physician. Keep out of eyes, inner ears, mouth, and sensitive areas.



Calmer™

Restful Blend 10 mL Roll-on

dōTERRA®

PRODUCT INFORMATION PAGE



CP **™** **TG** Certified Pure Therapeutic Grade®

Application: **A** **T** **N**

Ingredients: Lavender, Cananga, Buddha Wood, and Roman Chamomile essential oils in a base of Fractionated Coconut Oil

Aromatic Description: Sweet, floral, soft woody

PRIMARY BENEFITS

- Creates a restful atmosphere conducive to sleep
- Promotes a positive and stress-free mood
- Provides soothing and relaxing feelings throughout the body

Calmer™

Restful Blend 10 mL Roll-on

Available in:

dōTERRA Kid's Collection

Part Number: 60206616

PV: 85

Available For Individual Sale November 1, 2018

Part Number: 60206632

PV: 19

PRODUCT DESCRIPTION

Calmer Restful Blend promotes a serene atmosphere, allowing bedtime to be a peaceful and welcomed experience. Rolling Calmer onto the bottoms of feet and the back of the neck helps create a stress-free mood when tensions are high. Combining the soothing properties of Lavender, Cananga, Buddha Wood, and Roman Chamomile essential oils in a convenient and safe delivery method along with the skin moisturizing benefits of Fractionated Coconut Oil, Calmer can be used as part of your nightly ritual. Cananga and Buddha Wood essential oils, unique to Calmer, promote feelings of relaxation while reducing occasional feelings of stress and anxiousness. When it's time to restore your mind and body, apply Calmer to your wrists, breathe, and relax.

USES

- Roll on to the back of the neck and chest to promote a restful and calm sleep.
- Apply Calmer to your child's wrists at the end of the day to help diminish worry and to quiet restlessness.
- Apply to bottoms of feet at bedtime to help unwind before going to sleep.

DIRECTIONS FOR USE

Aromatic Use: Roll on to diffusing jewelry, natural dolomite, or lava diffusing rocks.

Topical Use: Apply to desired area. Intended for use with adult supervision.

CAUTIONS

Keep out of reach of children under 3. Possible skin sensitivity. If under a doctor's care, consult your physician. Keep out of eyes, inner ears, mouth, and sensitive areas.



Rescuer™

Soothing Blend 10 mL Roll-on

dōTERRA®

PRODUCT INFORMATION PAGE



CP **TG** Certified Pure Therapeutic Grade®

Application: **A** **T** **N**

Ingredients: Copaiba, Lavender, Spearmint, and Zanthoxylum essential oils in a base of Fractionated Coconut Oil

Aromatic Description: Woody, minty, floral

PRIMARY BENEFITS

- Helps reduce feelings of tension
- Comforting and soothing to the skin
- Supports feelings of vitality and comfort

Rescuer™

Soothing Blend 10 mL Roll-on

Available in:

dōTERRA Kid's Collection

Part Number: 60206616

PV: 85

Available For Individual Sale November 1, 2018

Part Number: 60206635

PV: 15

PRODUCT DESCRIPTION

After a busy day of activity, apply Rescuer Soothing Blend for a relaxing sensation and to reduce feelings of tension for growing, tired legs. Copaiba, Lavender, Spearmint, and Zanthoxylum are expertly combined with Fractionated Coconut oil to soothe and promote resilience while being gentle enough for sensitive skin. Roll Rescuer onto your legs, hands, or shoulders after exercising or a long day of physical activity to provide feelings of comfort and relief. Zanthoxylum, an essential oil unique to this dōTERRA blend, is known for its calming and soothing benefits. Rescuer has a fresh, yet calming aroma that provides soothing support while comforting the emotions.

USES

- Roll Rescuer onto growing children's legs before bedtime or after strenuous activity.
- Apply to temples and back of the neck to reduce feelings of tension.
- Massage into shoulders, neck, and back for a comforting and soothing experience.

DIRECTIONS FOR USE

Aromatic Use: Roll on to diffusing jewelry, natural dolomite, or lava diffusing rocks

Topical Use: Apply to desired area. Intended for use with adult supervision.

CAUTIONS

Keep out of reach of children under 3. Possible skin sensitivity. If under a doctor's care, consult your physician. Keep out of eyes, inner ears, mouth, and sensitive areas.



Steady™

Grounding Blend 10 mL Roll-on

dōTERRA®

PRODUCT INFORMATION PAGE



CP **TG** Certified Pure Therapeutic Grade®

Application: **A** **T** **N**

Ingredients: Amyris, Balsam Fir, Coriander, and Magnolia in a base of Fractionated Coconut Oil

Aromatic Description: Piney, fruity, soft woody

PRIMARY BENEFITS

- Evokes a calm and balanced mood
- Promotes feelings of relaxation and calm
- Helps focus your mind on what is most important

Steady™

Grounding Blend 10 mL Roll-on

Available in:

dōTERRA Kids Collection

Part Number: 60206616

PV: 85

Available for individual sale **November 1, 2018**

Part Number: 60206617

PV: 15

PRODUCT DESCRIPTION

Perfect for daily use or as needed, Steady Grounding Blend has a soft, inviting, and slightly fruity aroma that can help soothe feelings of stress or anxiousness. Steady draws on the unique benefits of essential oils such as Amyris, Balsam Fir, Coriander, and Magnolia perfectly blended with Fractionated Coconut Oil to deliver a calming effect perfect for all skin types. Amyris and Balsam Fir are warm wood oils that help manage feelings of stress while reducing occasional anxiousness. When feeling overwhelmed, roll Steady onto the back of your neck or wrists and take a deep breath, allowing your mood to find balance. Soothing to the skin and reassuring to the emotions, Steady is a great every day blend.

USES

- Calming to the skin and emotions, Steady can be used during times of distress to quiet the mind and soothe the body.
- Use Steady to help instill tranquility when experiencing anxious for nervous feelings.
- Apply to the back of the neck or bottoms of the feet after an event-filled day to steady the emotions.

DIRECTIONS FOR USE

Aromatic Use: Roll on to diffusing jewelry, natural dolomite, or lava diffusing rocks

Topical Use: Apply to desired area. Intended for use with adult supervision.

CAUTIONS

Keep out of reach of children under 3. Possible skin sensitivity. If under a doctor's care, consult your physician. Keep out of eyes, inner ears, mouth, and sensitive areas.



Stronger™

Protective Blend 10 mL Roll-on

dōTERRA®

PRODUCT INFORMATION PAGE



CP **TG** Certified Pure Therapeutic Grade®

Application: **A** **T** **N**

Ingredients: Cedarwood, Litsea, Frankincense, and Rose in a base of Fractionated Coconut Oil

Aromatic Description: Bright, sharp lemony, lightly herbal

PRIMARY BENEFITS

- Promotes clear and healthy-looking skin
- Comforting to occasional skin irritations
- Soothing to the emotions during times of distress
- Promotes feelings of wellness and vitality

Stronger™

Protective Blend 10 mL Roll-on

Available in:
dōTERRA Kid's Collection

Part Number: 60206616

PV: 85

Available For Individual Sale November 1, 2018

Part Number: 60206654

PV: 14

PRODUCT DESCRIPTION

Stronger Protective Blend evokes feelings of wellness and vitality when needed most. Featuring Cedarwood, Litsea, Frankincense, and Rose in a gentle and convenient format combined with Fractionated Coconut Oil, this uniquely supportive blend is perfect for sensitive skin and provides a sense of resiliency when needed most. Litsea, one of the main ingredients in Stronger, helps to keep skin healthy-looking and clean while promoting positive feelings. The bright and uplifting aroma of Stronger is refreshing to the senses and works as the perfect blend for daily resiliency or when you are not feeling your best. With the powerful rejuvenating benefits of wood and floral oils, Stronger works as the perfect every day skin health essential oil blend.

USES

- When skin is distressed, use Stronger to help soothe and comfort the skin while promoting a healthy appearance.
- Roll onto hands, knees, and feet after a long day of activity.
- Soothing to occasional skin irritations, Stronger is a great blend to have on hand during extensive activities.
- When environmental threats are high, use Stronger to promote feelings of wellness and vitality.

DIRECTIONS FOR USE

Aromatic Use: Roll on to diffusing jewelry, natural dolomite, or lava diffusing rocks

Topical Use: Apply to desired area. Intended for use with adult supervision.

CAUTIONS

Keep out of reach of children under 3. Possible skin sensitivity. If under a doctor's care, consult your physician. Keep out of eyes, inner ears, mouth, and sensitive areas.



Thinker™

Focus Blend 10 mL Roll-on

dōTERRA®

PRODUCT INFORMATION PAGE



CP **PTG** Certified Pure Therapeutic Grade®

Application: **A** **T** **N**

Ingredients: Vetiver, Peppermint, Clementine, and Rosemary in a base of Fractionated Coconut Oil

Aromatic Description: Earthy, minty, herbal

PRIMARY BENEFITS

- Helps prevent mental distraction
- Instills a sense of alertness and focus
- Helps reduce feelings of mental stress

Thinker™

Focus Blend 10 mL Roll-on

Available in:

dōTERRA Kid's Collection

Part Number: 60206616

PV: 85

Available For Individual Sale November 1, 2018

Part Number: 60206633

PV: 16

PRODUCT DESCRIPTION

Ideal for everyone and for daily use, Thinker Focus Blend is the optimal support to use when distractions are high. Designed to create a sense of alertness and clarity, Thinker is the perfect go-to when it's time to pay attention and concentrate. Featuring Vetiver, Peppermint, Clementine, and Rosemary perfectly combined with Fractionated Coconut Oil for sensitive skin, Thinker is a natural way to feel more focused. Roll Thinker onto your temples, wrists, and the back of your neck to help bring a sense of clarity to the situation at hand. Embracing the uplifting benefits of Clementine, Thinker can help with mental energy while promoting a stronger sense of focus. Herbal and slightly sweet, the unique aroma helps instill feelings of clarity during times of confusion. To create a supportive and positive environment for enhanced creativity and focus, incorporate Thinker into your daily learning practice.

USES

- Keep Thinker on hand in your purse or child's backpack and apply in the afternoon to remain on task and focused.
- Roll onto wrists or hands and inhale deeply to promote a sense of clarity and alertness.
- Uplifting to the mood, use Thinker when experiencing feelings of sadness or stress.
- Promote learning and support creativity by applying Thinker throughout study time.

DIRECTIONS FOR USE

Aromatic Use: Roll on to diffusing jewelry, natural dolomite, or lava diffusing rocks

Topical Use: Apply to desired area. Intended for use with adult supervision.

CAUTIONS

Keep out of reach of children under 3. Possible skin sensitivity. If under a doctor's care, consult your physician. Keep out of eyes, inner ears, mouth, and sensitive areas.

