

Green Mandarin

Citrus nobilis 15 mL

dōTERRA®

Product Information Page



CPTG Certified Pure Tested Grade®

Application: A T I N

Plant Part: Peel

Extraction Method: Cold pressed

Aromatic Description: Citrus, fruity, sweet, floral

Main Chemical Components: Limonene

Green Mandarin | *Citrus nobilis* 15 mL

60205794

Primary Benefits

- + May support healthy digestive and immune function due to limonene, its primary chemical constituent, preclinical research suggests*
- + Provides an uplifting and refreshing aroma
- + Delivers a citrusy zest to DIY cleaning products

Description

CPTG® Green Mandarin essential oil is pressed from the unripened fruit of the mandarin tree, while Red Mandarin essential oil comes from a more mature fruit. Preclinical research suggests internal use of the primary constituent in Green Mandarin, limonene, is supportive of healthy digestive and immune function.* The oil is also renowned for its surface cleansing properties. Green Mandarin creates a refreshing and energizing atmosphere when diffused.

Uses

- + Take a drop internally to help support healthy digestive and immune function.*
- + Diffuse to create a positive, uplifting environment.
- + Dilute in a spray bottle to clean the surfaces of your kitchen.

Directions

Aromatic use: Add 3-4 drops to the diffuser of choice.

Internal use: Dilute 1 drop in 4 fluid ounces of liquid.

Topical use: Apply 1-2 drops to desired area. Dilute with carrier oil to minimize any skin sensitivity.

See additional precautions below.

Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight and UV rays for at least 12 hours after applying product.

Application Methods

A Aromatic T Topical I Internal H Home Care

Skin Sensitivity

N Neat D Dilute S Sensitive Skin

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.