

# Targeted Support

Identify specific body systems and organs in need of support.

\*Choose additional products to enhance your daily wellness plan and results.

## SKIN



Protects the body; sensation and elimination through the largest organ—skin

- Tea Tree
- Immortelle
- Yarrow|Pom
- Sandalwood
- Rose
- HD Clear®
- Geranium
- Frankincense
- Lavender

## NERVOUS



Collection, transference, and processing of information and communication: brain, spinal column, nerves\*

- Frankincense
- Adaptiv® Capsules
- xEO Mega®
- Copaiba Softgels
- Bergamot

## CIRCULATORY



Nutrients, gases, and waste movement to and from cells: heart, blood, arteries, veins, valves\*

- xEO Mega®
- Alpha CRS+®
- Ylang Ylang
- Black Pepper

## DIGESTIVE



Breakdown and absorption of food: mouth, teeth, stomach, pancreas, liver, gallbladder, intestines, colon, appendix\*

- DigestZen®
- Peppermint
- DigestZen
- TerraZyme®
- Peppermint Softgels
- Celery Seed
- Fennel
- Ginger

## REPRODUCTIVE



Ovaries, uterus, breasts, testes, prostate\*

- Phytoestrogen Essential Complex
- Clary Sage
- Thyme
- Geranium

## ENDOCRINE



Direct the body through hormone secretion: hypothalamus, thalamus, pineal, pituitary, parathyroid, thyroid, pancreas, adrenals\*

- Zenocrine®
- Basil
- Geranium

## LIMBIC



Production of emotions: hypothalamus, thalamus\*

- Adaptiv® Capsules
- Lavender
- Peppermint

## RESPIRATORY



Sinuses, lungs, trachea\*

- Peppermint
- Cardamom
- doTERRA Breathe® Respiratory Drops
- Rosemary
- Air-X®
- TriEase® Softgels

## IMMUNE



Protection of normal body function: thymus, spleen, lymphatic system, glands, ducts, tonsils\*

- doTERRA On Guard®
- doTERRA Lifeling Vitality Pack®
- Turmeric
- Lemon
- DDR Prime®
- Thyme

## URINARY



Production and storage of urine and elimination of toxins and waste: kidneys, bladder\*

- Lemon
- Celery Seed
- Zencrine Softgels

## MUSCULAR & SKELETAL



Supports organs and body movement: bones, cartilage, muscles, ligaments, tendons\*

- Deep Blue Polyphenol Complex®
- Lemongrass
- Copaiba
- Turmeric Dual Chamber Capsules
- Marjoram

Each product may help with one or more functions of the body systems or organs it is listed under. See product information pages at doterra.com for more information.

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.