

31

Days Of Giving

and

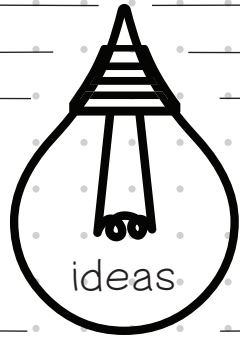
mindfulness

DECEMBER 2017

sun	mon	tues	wed	thur	fri	sat
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					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						








friday 1

saturday 2

sunday 3

tracker

	M	T	W	T	F	S	S
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

notes

monday 4

Grid for Monday 4

tuesday 5

Grid for Tuesday 5

wednesday 6

Grid for Wednesday 6

thursday 7

Grid for Thursday 7

friday 8

Grid for Friday 8




saturday 9

Grid for Saturday 9

sunday 10

Grid for Sunday 10

tracker

	M	T	W	T	F	S	S
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

notes

Notes area

monday 11

Grid for Monday 11

tuesday 12

Grid for Tuesday 12

wednesday 13

Grid for Wednesday 13

thursday 14

Grid for Thursday 14

friday 15

Grid for Friday 15




saturday 16

Grid for Saturday 16

sunday 17

Grid for Sunday 17

tracker

	M	T	W	T	F	S	S
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	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

notes

Notes area

monday 18

Grid for Monday 18

tuesday 19

Grid for Tuesday 19

wednesday 20

Grid for Wednesday 20

thursday 21

Grid for Thursday 21

friday 22

Grid for Friday 22




saturday 23

Grid for Saturday 23

sunday 24

Grid for Sunday 24

tracker

	M	T	W	T	F	S	S
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

notes

Notes area

monday 25

Grid for Monday 25

tuesday 26

Grid for Tuesday 26

wednesday 27

Grid for Wednesday 27

thursday 28

Grid for Thursday 28

friday 29

Grid for Friday 29




saturday 30

Grid for Saturday 30

sunday 31

Grid for Sunday 31

tracker

	M	T	W	T	F	S	S
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	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

notes

Notes area

journaling