

INGREDIENTS

- · 2 cups baking soda
- 1 cup citric acid 10-20 drops essential oil
- 100 percent pure witch hazel

DIRECTIONS

In a large bowl, combine baking soda and citric acid. If using, add ½ teaspoon natural coloring and mix well. Stir in essential oils. Spray the entire surface of the mix with witch hazel and mix with hands. Continue to spray and mix rapidly until the mixture holds together. Quickly press the mixture into desired mold, making sure it is firmly packed. Let mixture set in mold for 20–30 seconds. Gently tap the mold to release bath bombs. Let dry for 30 minutes or until they are firm and do not fall apart.

· Mold (Plastic, silicone, or metal.)

• Optional: Natural coloring (We used

· Spray Bottle

Mica Powder)



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