

Patchouli

Pogostemon cablin 15 mL

dōTERRA®

PRODUCT INFORMATION PAGE



Application: A | T | N

Plant Part: Aerial Parts (Leaf)

Extraction Method: Steam distillation

Aromatic Description: Rich, woody, musky, earthy

Main Chemical Components: Patchouli alcohol, α -Bulnesene, α -Guaiene

PRIMARY BENEFITS

- The earthy aroma contributes to a grounded, balanced atmosphere
- May benefit and soothe the skin when applied topically

PRODUCT DESCRIPTION

Patchouli is a bushy herb from the mint family with stems reaching two or three feet in height and bearing small, pink-white flowers. Easily recognized for its rich, musky-sweet fragrance, Patchouli is regularly used in the perfume industry as well as in scented products such as laundry detergents and air fresheners. Patchouli is beneficial to the skin in many ways.

USES

- Combine with Peppermint and apply to the forehead, temples, or back of the neck after a long day of work.
- Apply one to two drops to soothe the skin.
- Combine with Vetiver and apply to the bottoms of feet.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

