



## PRODUCT DESCRIPTION

dōTERRA TerraGreens is a proprietary blend of whole food fruits and vegetables combined with superfruits and dōTERRA CPTG Certified Pure Therapeutic Grade® Essential Oils. This powdered mix packs a daily boost of fruits and vegetables into a mix that can be stirred into 8 oz. of liquid for easy and convenient nutritional supplementation.

## DIRECTIONS FOR USE

Add one scoop of TerraGreens to 8 oz. of water or your favorite beverage and drink immediately.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## PRIMARY BENEFITS

- Provides the body with essential nutrients
- Supports immune health\*
- Supports digestive health\*
- Supports weight management\*
- All natural ingredients
- GMO and gluten free
- Vegan friendly

## Supplement Facts

Serving size: 1 Scoop (about 10 grams)  
Servings per container: 30

|  | Amount Per Serving | % Daily Value |
|--|--------------------|---------------|
| <b>Calories</b>  | <b>35</b>          | <b>1%</b>     |
| Calories from Fat  | 5                  | 0%            |
| <b>Total Fat</b>   | <b>0.5g</b>        | <b>1%</b>     |
| Saturated Fat  | 0g                 | 0%            |
| Trans Fat  | 0g                 |               |
| <b>Cholesterol</b>   | <b>0mg</b>         |               |
| <b>Total Carbohydrate</b>  | <b>7g</b>          | <b>2%</b>     |
| Dietary Fiber  | 3g                 | 12%           |
| Soluble Fiber  | 1g                 |               |
| Insoluble Fiber  | 2g                 |               |
| Sugars   | 2g                 |               |
| <b>Protein</b>   | <b>1g</b>          |               |
| Sodium   | 30mg               | 14%           |
| <b>Green Blend</b>   | <b>3550mg</b>      |               |
| Kale Powder, Dandelion Greens Powder, Spinach Powder, Parsley Powder, Collard Greens Leaf Powder, Broccoli Powder, Cabbage Powder  |                    |               |
| <b>Grass Blend</b>   | <b>2850mg</b>      |               |
| Wheat Grass Powder, Alfalfa Juice Powder, Oat Grass Powder, Barley Grass Powder, Oat Grass Juice Powder, Barley Grass Juice Powder |                    |               |
| <b>Fruit Blend</b>   | <b>2010mg</b>      |               |
| Pineapple Juice Powder, Guava Fruit Powder, Mango Juice Powder, Goji Berry Powder, Mangosteen Powder, Acerola Cherry Powder        |                    |               |
| <b>CPTG Essential Oil Blend</b>  | <b>30mg</b>        |               |
| Lemon Peel Essential Oil, Ginger Root Essential Oil  |                    |               |

**Other Ingredients:** Non-GMO Sunflower Lecithin, Citric Acid, Guar Gum, Gum Arabic, Stevia Extract, Xanthan Gum

