

Slim & Sassy[®]

Metabolic Blend 15 mL

dōTERRA

PRODUCT INFORMATION PAGE



Application:



Ingredients: Grapefruit Peel, Lemon Peel, Peppermint Plant, Ginger Root, and Cinnamon Bark essential oils.

Aromatic Description: Warm, spicy, herbal

PRIMARY BENEFITS

- Promotes healthy metabolism*
- Helps manage hunger cravings*
- Calms your stomach and lifts your mood
- Diuretic, stimulant, and calorie free*

PRODUCT DESCRIPTION

Slim & Sassy, our proprietary metabolic blend, combines powerful essential oils known to promote a healthy metabolism in a natural way.* The flavorful blend of Slim & Sassy helps manage hunger throughout the day while boosting metabolism and promoting a positive mood.* Slim & Sassy contains Grapefruit, Lemon, Peppermint, Ginger, and Cinnamon. When taken with a healthy eating and exercise plan, Slim & Sassy Metabolic Blend can help you reach your weight management goals.*

USES

- Add to water or tea and drink before working out for a revitalizing energy boost.*
- Consume before meals to help control appetite and overeating.*
- Perfect for any healthy weight management program.*
- Add a few drops to Slim & Sassy TrimShake or V Shake.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of your choice.

Internal use: Dilute four drops in 4 fl. oz. of liquid.

Topical use: Apply one to two drops to desired area. Dilute with dōTERRA Fractionated Coconut Oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.