

# Hawaiian Sandalwood

*Santalum paniculatum* 5 mL

dōTERRA®

PRODUCT INFORMATION PAGE



**Application:**      **Plant Part:**



Wood

**Extraction Method:**

Steam distillation

**Aromatic Description:**

Rich, honey, sweet, woody

**Main Chemical Components:**

$\alpha$ -santalol ,  $\beta$ -santalol, lanceol

## PRODUCT DESCRIPTION

From a renewable source in Hawaii, dōTERRA's amazing Sandalwood essential oil delivers a variety of benefits, including smoothing skin and enhancing moods. With thousands of years of documented use, this oil has a high value to many users. Hawaiian Sandalwood has a rich, sweet, woody aroma that instills calmness and well-being, making it a perfect oil to incorporate into massage or aromatherapy. Sandalwood is very soothing and beneficial to the skin, making it highly sought after in body and skin care products. Hawaiian Sandalwood can reduce the appearance of skin imperfections while providing an overall youthful-looking complexion. In addition to being soothing and beneficial to the skin, Hawaiian Sandalwood provides these same effects to mood, helping to lessen tension and promote emotional well-being.

## USES

- Diffuse or apply to the neck and shoulders at bedtime for a restful night's sleep.
- Add 1–2 drops to your favorite moisturizer or night cream for smooth, glowing skin.
- Add 1–2 drops to a hot bath to promote relaxation and lessen tension.

## PRIMARY BENEFITS

- Promotes healthy-looking, smooth skin
- Reduces the appearance of skin imperfections
- Enhances mood
- Frequently used in meditation for its grounding and uplifting properties

## DIRECTIONS FOR USE

**Diffusion:** Use three to four drops in the diffuser of your choice.

**Internal use:** Dilute one drop in 4 fl. oz. of liquid.

**Topical use:** Apply one to two drops to desired area. Dilute with dōTERRA Fractionated Coconut Oil to minimize any skin sensitivity. See additional precautions below.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

