

# Elevation

Joyful Blend 15 mL

dōTERRA®

PRODUCT INFORMATION PAGE



## Application:



## Ingredients:

Lavandin Flower, Lavender Flower, Hawaiian Sandalwood, Tangerine Peel, Melissa Flower, Ylang Ylang Flower, Elemi Resin, Osmanthus Flower, and Lemon Myrtle Leaf essential oils.

## Aromatic Description:

Floral, sweet, citrus

## PRIMARY BENEFITS

- Elevates mood and increases vitality
- Energizing and refreshing aroma
- Promotes a revitalizing environment

## PRODUCT DESCRIPTION

Elevation is the perfect blend for those moments when you need to be revitalized. This exciting blend provides an invigorating combination of essential oils that can elevate your mood and increase your energy. Elevation combines the uplifting and euphoric floral scents of Lavandin, Lavender, Melissa, Ylang Ylang, and Osmanthus with Tangerine, Elemi, and Lemon Myrtle to create a unique blend that promotes a positive mood and feelings of confidence.

## USES

- Diffuse Elevation to promote feelings of self-worth while also helping to lessen feelings of stress.
- Diffuse Elevation in the mornings before waking kids to create a positive and energized mood.
- Rub Elevation essential oil over your heart, temples, or wrists to elevate mood and promote vitality.
- After a long, stressful day, take a bath with a few drops of Elevation to help lessen feelings of stress.

## DIRECTIONS FOR USE

**Diffusion:** Use three to four drops in the diffuser of your choice.

**Topical use:** Apply one to two drops to desired area. Dilute with dōTERRA Fractionated Coconut Oil to minimize any skin sensitivity. See additional precautions below.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product.

