

DigestZen[®]

Digestive Blend 15 mL

dōTERRA[®]

PRODUCT INFORMATION PAGE



Application:



Ingredients:

Ginger Rhizome/Root, Peppermint Plant, Caraway Seed, Coriander Seed, Anise Seed, Tarragon Plant, and Fennel Seed essential oils.

Aromatic Description:

Spicy, sweet, minty, licorice

PRODUCT DESCRIPTION

DigestZen is known as dōTERRA's "tummy tamer" blend due to its ability to aid in digestion, soothe stomach upset, and maintain overall digestive health.* This unique blend contains Ginger, Fennel, and Coriander to help ease occasional stomach discomfort, including motion sickness and indigestion, while Peppermint, Tarragon, Anise, and Caraway aid with digestion and help maintain a healthy gastrointestinal tract.* DigestZen is great to have on hand when stomach upset occurs and is safe and effective. DigestZen is a healthy, natural, and gentle way to soothe an upset stomach or maintain a healthy digestive system.*

USES

- Add a few drops to water to take internally or rub on the stomach before flying or taking a road trip for a calming aroma.
- Have DigestZen on hand when enjoying heavy holiday meals to promote digestion.*
- Take DigestZen with you when traveling or trying new foods to soothe occasional stomach upset.*
- Add to water or tea to maintain a healthy gastrointestinal tract.*

PRIMARY BENEFITS

- Aids in the digestion of foods*
- Soothes occasional stomach upset*
- Helps reduce bloating, gas, and occasional indigestion*

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of your choice.

Internal use: Dilute one drop in 4 fl. oz. of liquid.

Topical use: Apply one to two drops to desired area. Dilute with dōTERRA Fractionated Coconut Oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

Statements with asterisks refer to internal use. All others refer to aromatic or topical use.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.