

ClaryCalm®

Monthly Blend for Women 10 mL

dōTERRA®

PRODUCT INFORMATION PAGE



Application:



Ingredients:

Clary Sage Flower, Lavender Flower, Bergamot Peel, Roman Chamomile Flower, Cedarwood Wood, Ylang Ylang Flower, Geranium Plant, Fennel Seed, Carrot Seed, Palmarosa Herb, and Vitex Leaf/Berry essential oils.

Aromatic Description: Floral, herbal, coniferous

PRIMARY BENEFITS

- Provides a soothing and calming effect during a woman's menstrual cycle
- Calming aroma helps soothe and balance heightened emotions.
- Helps balance mood throughout the month

PRODUCT DESCRIPTION

ClaryCalm is a proprietary blend of essential oils that provides a soothing and calming effect during a woman's menstrual cycle. A topical blend of Clary Sage, Lavender, Bergamot, Roman Chamomile, Cedarwood, Ylang Ylang, Geranium, Fennel, Carrot Seed, Palmarosa, and Vitex, ClaryCalm provide a cooling effect to the skin and help balance emotions.

USES

- During your menstrual cycle, apply to abdomen to experience a soothing and calming massage.
- During moments of heat, apply to the skin for a cooling, soothing effect.
- Diffuse for a calming aroma that helps soothe heightened emotions.

DIRECTIONS FOR USE

Topical use: Apply topically to the back of the neck, on temples, and bottoms of feet. Dilute with dōTERRA Fractionated Coconut Oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

