

# Smart & Sassy™

Functional Blend 15 mL

# dōTERRA®

PRODUCT INFORMATION PAGE



**Application:** A | T | S

**Ingredients:** Grapefruit Peel, Lemon Peel, Peppermint Plant, Ginger Root, and Cinnamon Bark essential oils.

**Aromatic Description:** Minty, spicy, herbal

## PRIMARY BENEFITS

- Promotes healthy- and smooth-looking skin
- Use aromatically to provide a positive mood during vigorous workouts
- Diffuse for an energy boost

## PRODUCT DESCRIPTION

Smart & Sassy™, our proprietary blend, combines powerful essential oils known to promote the appearance of smooth, healthy skin while providing an uplifting aroma. Smart & Sassy™ contains Grapefruit, Lemon, Peppermint, Ginger, and Cinnamon. With its vibrant, spicy scent, Smart & Sassy™ oil can help give you the positive mood you need during a vigorous workout, when used aromatically. With an invigorating scent nearby, you'll have the mental and physical strength to make it through your workout.

## USES

- Apply to back of thighs, abdomen, and other desired areas to promote smooth skin.
- Apply topically to experience the motivating benefits of Smart & Sassy™ before physical activity.
- Inhale for an uplifting and revitalizing aroma.

## DIRECTIONS FOR USE

**Topical use:** Apply one to two drops to desired area. Dilute with dōTERRA Fractionated Coconut Oil to minimize any skin sensitivity.

**Aromatic use:** Use three to four drops in the diffuser of your choice.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product.

