

Oregano

Origanum vulgare 15 mL

dōTERRA®

PRODUCT INFORMATION PAGE



Application: T | D

Plant Part: Leaf

Extraction Method: Steam distillation

Aromatic Description: Herbaceous, sharp, green, camphoraceous

Main Chemical Components: Carvacrol, thymol

PRIMARY BENEFITS

- Preclinical research suggests that Oregano Oil may promote youthful-looking, healthy skin

PRODUCT DESCRIPTION

Oregano is one of the most potent and powerful essential oils and has been used for centuries. Carvacrol and thymol, the two main chemical components in Oregano essential oil, possess purifying properties when used on the skin. Oregano should be diluted with a carrier oil when applied to the skin.

USES

- For skincare
- Rub on the bottoms of feet.
- Use on the skin and nails when needed by rolling a small amount of liquid onto the nail bed and massaging gently.

DIRECTIONS FOR USE

Topical use: To apply topically, dilute one drop essential oil to 10 drops carrier oil. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, face and sensitive areas.