

Frankincense

Boswellia Essential Oil 15 mL

dōTERRA®

Product Information Page



Application: T N

Plant Part: Resin from *Boswellia carterii*, *sacra*, *papyrifera*, and *frereana*

Extraction Method: Steam distillation

Aromatic Description: Warm, spicy, clean

Main Chemical Components: α -pinene, limonene, α -thujene

Frankincense | *Boswellia* Essential Oil 15 mL

Primary Benefits

- + Add to your favorite dōTERRA moisturizer to help create an appearance of young and healthy-looking skin
- + Reduces the appearance of skin imperfections
- + Helps hydrate and rejuvenate the skin

Description

Renowned as one of the most prized and precious essential oils, Frankincense has a variety of notable uses and benefits. In addition to its notoriety in the New Testament, the Babylonians and Assyrians would burn Frankincense in religious ceremonies and the ancient Egyptians used Frankincense resin for everything, including for perfume. This centuries-old knowledge contributes to the modern uses of Frankincense today. Its beautifying properties are used to rejuvenate skin and reduce the appearance of imperfections.

Uses

- + Rejuvenates and hydrates the skin when added to skincare routine.
- + Maintains healthy-looking fingernails when applied to nails.

Directions

Topical use: Apply one to two drops to desired area. Dilute with dōTERRA Fractionated Coconut Oil to minimize any skin sensitivity.

Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

Application Methods

A Aromatic T Topical I Internal H Home Care

Skin Sensitivity

N Neat D Dilute S Sensitive Skin