## PEPPERMINT TOUCH

Mentha piperita 10mL Roll-On

# Minty, fresh, herbaceous

Aromatic description

### **PRIMARY BENEFITS**

- · Uplifting aroma, promotes a sense of focus.
- · Great for a cooling massage.

#### PRODUCT DESCRIPTION

dōTERRA Touch® Peppermint contains Peppermint essential oil and Fractionated Coconut Oil to provide a multitude of benefits.

Its minty, fresh scent can be used topically throughout the day for its uplifting aroma.

Peppermint essential oil is known for its soothing properties, and can support comforting feelings when applied to the temples or the back of the neck. doTERRA Touch® Peppermint can be applied to these areas and anywhere on the body to provide a cooling massage.

#### **USES**

- Rub on temples when studying or when waking for a refreshing morning boost.
- Massage oil onto back of neck for a cooling sensation and to enable a sense of calm.

- Use with Lavender and Frankincense for a soothing massage.
- Apply before attending outdoor events.

#### **DIRECTIONS FOR USE**

TOPICAL USE: Apply to desired area. See additional precautions below.

#### **CAUTIONS**

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas.

#### **INGREDIENTS**

Fractionated Coconut Oil, Peppermint Plant

MAIN CHEMICAL COMPONENTS: Linalool

