

# GERANIUM

*Pelargonium graveolens 15 mL*

*Herbaceous, green, floral, sweet, dry*

*Aromatic description*

## PRIMARY BENEFITS

- Promotes the appearance of healthy looking skin.
- Gives hair a vibrant, healthy looking glow.

## PRODUCT DESCRIPTION

A member of the Pelargonium genus, geranium is grown for its beauty and is a staple of the perfume industry. While there are over 200 different varieties of Pelargonium flowers, only a few are used as essential oils. Uses of Geranium essential oil date back to ancient Egypt when Egyptians used Geranium oil to beautify the appearance of skin. In the Victorian era, fresh geranium leaves were placed at formal dining tables as decorative pieces and to be consumed as a fresh sprig if desired; in fact, the edible leaves and flowers of the plant are often used in desserts, cakes, jellies and teas. As an essential oil, Geranium has been used to promote skin and hair health—making it ideal for skin and hair care products. The aroma helps promote a feeling of balance.

## USES

- Use in an aromatherapy steam facial to beautify skin.

- Add a drop to your moisturiser to make skin feel smoother.
- Geranium is great for both dry and oily hair.
- Apply a few drops to your shampoo or conditioner bottle, or make your own deep hair conditioner.
- Diffuse aromatically for a calming aroma. Blends well with Juniper Berry, Blue Tansy and Ylang Ylang essential oils.

## DIRECTIONS FOR USE

**DIFFUSION:** Use three to four drops in the diffuser of choice.

**TOPICAL USE:** Apply one to two drops to desired area. Dilute with a carrier oil to minimise any skin sensitivity.

See additional precautions to the right.

## CAUTIONS

**KEEP OUT OF REACH OF CHILDREN.**

Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas.

**PLANT PART:** Flower/Leaf

**EXTRACTION METHOD:**

Steam distillation

**MAIN CHEMICAL COMPONENTS:**

Citronellol, citronellyl formate, geraniol



Certified Pure Tested Grade

Except as indicated, all words with a trademark or registered trademark symbol are trademarks or registered trademarks of dōTERRA Holdings, LLC.

©2023 dōTERRA 23082023 MSNZ