EASY AIR

Clear Blend 15 mL

Minty, fresh, airy

Aromatic description

PRIMARY BENEFITS

- The Eucalyptus within doTERRA Easy Air®may help to promote soothing feelings.
- · doTERRA Easy Air®contains relaxing Ravintsara which can be used in meditation for its soothing properties. Its fresh and earthy scent may be used before bed.

PRODUCT DESCRIPTION

Easy Air can be applied topically to the chest, back or bottom of feet, or diffused at night time to help calm the senses before bed.

USES

- · Diffuse, inhale directly from palms, or rub on chest or feet.
- · Diffuse at bedtime.

DIRECTIONS FOR USE

DIFFUSION: Use three to four drops in the diffuser of your choice.

to desired area. Dilute with carrier oil to minimise any skin sensitivity.

See additional precautions below.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN. NOT TO BE TAKEN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight and UV rays for at least 12 hours after applying product. Application to skin may increase sensitivity to sunlight.

INGREDIENTS

Laurel Leaf, Eucalyptus Leaf, Peppermint Plant, Melaleuca Leaf, Lemon Peel, Cardamom Seed, Ravintsara Leaf. Ravensara Leaf essential oils



TOPICAL USE: Apply one to two drops

