

dōTERRA Lavender Peace®

Essential Oil Blend 15 mL

dōTERRA®

Product Information Page



Application A T N

Ingredients: Lavender, Juniper Berry, Coriander, Ylang Ylang, Marjoram, Roman Chamomile, Vetiver, Sandalwood, Tonka Bean, Vanilla Absolute

Aromatic Description: Warm, floral, herbal

Primary Benefits

- + Aroma creates a calming atmosphere
- + Aroma creates a restful environment at bedtime
- + Aroma encourages a tranquil atmosphere

Description

The soothing and grounding aroma of dōTERRA Lavender Peace Essential Oil Blend is a magical mix of CPTG® Lavender, Cedarwood, Coriander, Ylang Ylang, Marjoram, Roman Chamomile, Vetiver, and Sandalwood essential oils with hints of Tonka Bean and Vanilla Absolute. The blend creates a calming, tranquil atmosphere. Apply one to two drops to the hands and inhale throughout the day for a relaxing aroma, or diffuse at night as part of a positive sleep practice. Diffuse dōTERRA Lavender Peace Essential Oil Blend to help you find sweet dreams and a good night's sleep.

Uses

- + Inhale directly from hands or diffuse throughout the day for a soothing aroma.
- + Apply to bottoms of feet at bedtime.
- + Add to a warm bath with Epsom salts to create a relaxing, renewing experience.
- + Apply a drop to the back of the neck or on the heart for a calming atmosphere.

Directions for Use

Aromatic Use: : Add three to four drops to the diffuser of choice.

Topical Use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.