

# dōTERRA Easy Air™

Skin Care Oil 15 mL

# dōTERRA

PRODUCT INFORMATION PAGE



## Application:



## Ingredients:

Laurel Leaf, Eucalyptus Leaf, Peppermint Plant, Melaleuca Leaf, Lemon Peel, Cardamom Seed, Ravintsara Leaf, Ravensara Leaf essential oils

## Aromatic Description:

Minty, hot, fresh, airy

## PRODUCT DESCRIPTION

dōTERRA Easy Air™ is a remarkable blend of essential oils including Laurel Leaf, Peppermint, Eucalyptus, Melaleuca, Lemon, Cardamom, Ravintsara, and Ravensara. dōTERRA Easy Air™ maintains feelings of clear airways and easy breathing while minimizing the effects of seasonal threats. dōTERRA Easy Air™ can be applied topically to the chest, back, or bottom of feet, or diffused at nighttime to calm the senses and promote a restful sleep.

## USES

- Diffuse, inhale directly from palms, or rub on chest or feet when seasonal and environmental threats are high.
- Use when outdoors to minimize the effects of seasonal threats.
- Diffuse at bedtime for a restful night's sleep.
- Diffuse or inhale directly from palms, or rub on chest when environmental threats are high.

## DIRECTIONS FOR USE

**Diffusion:** Use three to four drops in the diffuser of your choice.

**Topical use:** Apply one to two drops to desired area. Dilute with dōTERRA Fractionated Coconut Oil to minimize any skin sensitivity. See additional precautions below.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid direct sunlight for up to 12 hours after applying product.

## PRIMARY BENEFITS

- Maintains feelings of clear airways and easy breathing
- Promotes a restful night's sleep
- Helps minimize the effects of seasonal threats

