

# dōTERRA Peace<sup>®</sup>

Reassuring Blend 5mL

# dōTERRA<sup>®</sup>

PRODUCT INFORMATION PAGE



**Application:** A T N

**Ingredients:** Vetiver Root, Lavender Flower, Ylang Ylang Flower, Frankincense Resin, Clary Sage Flower, Marjoram Leaf, Labdanum Twig Absolute, Spearmint Leaf/Flower

**Aromatic Description:** Sweet, rich, minty

## PRIMARY BENEFITS

- Promotes feelings of peace, reassurance, and contentment
- Counteracts anxious and fearful emotions

## PRODUCT DESCRIPTION

Are life's anxious moments leaving you feeling overwhelmed and afraid? dōTERRA Peace Reassuring Blend of floral and mint essential oils is a positive reminder you don't have to be perfect to find peace. Slow down, take a deep breath, and reconnect with the composed, collected you. Everything turning out fine begins with believing it will—and a few drops of Peace Reassuring Blend.

## USES

- Diffuse at night time to promote a calming environment and restful sleep.
- When experiencing anxious feelings, apply one drop to hands, rub together, and inhale deeply.
- Diffuse or inhale before taking a test, presenting to a large group, or in times of worry or distress.
- To calm an upset or restless child, apply to bottoms of feet.

## DIRECTIONS FOR USE

**Diffusion:** Use one to two drops in the diffuser of choice.

**Topical use:** Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

