

dōTERRA Forgive®

Renewing Blend 5mL

dōTERRA®

PRODUCT INFORMATION PAGE



Application: A T S

Ingredients: Spruce Leaf, Bergamot Peel, Juniper Berry Fruit, Myrrh Gum Resin, Arborvitae Wood, Nootka Tree Wood, Thyme Leaf, Citronella Herb

Aromatic Description: Herbaceous, fresh, woody

PRIMARY BENEFITS

- Promotes feelings of contentment, relief, and patience
- Counteracts negative emotions of anger and guilt

PRODUCT DESCRIPTION

Are you carrying a burden that grows heavier with time? Would you be better off just letting it go and facing a future unfettered by anger and guilt? When you are ready to move forward, dōTERRA Forgive Renewing Blend of tree and herb essential oils will help you discover the liberating action of forgiving, forgetting, and moving on. Start each of your tomorrows relieved and content with Forgive Renewing Blend.

USES

- Diffuse when meditating to help release harbored feelings of anger and guilt.
- Apply to pulse points and heart throughout the day to feel grounded and content.
- Have dōTERRA Forgive on hand throughout the day to counteract negative emotions that may arise from undesirable situations.

DIRECTIONS FOR USE

Diffusion: Use one to two drops in the diffuser of choice.

Topical use: Dilute one to two drops with a carrier oil then apply to desired area. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid direct sunlight or UV rays for up to 12 hours after applying product.

