# Citrus Bliss ™ Invigorating Blend 15 mL

# dōTERRA®

#### PRODUCT INFORMATION PAGE





# Application: **A**

Ingredients: Wild Orange Peel, Lemon Peel, Grapefruit Peel, Mandarin Peel, Bergamot Peel, Tangerine Peel, Clementine Peel essential oils and Vanilla Bean Absolute.

Aromatic Description: Citrus, sweet

# PRIMARY BENEFITS

- Cleanses and purifies the air
- · Helps reduce stress and uplifts mood
- Positively affects mood with energizing and refreshing properties

# **PRODUCT DESCRIPTION**

Citrus Bliss<sup>™</sup> Invigorating Blend merges the benefits of citrus essential oils. We combine the powerful essences of Wild Orange, Lemon, Grapefruit, Mandarin, Bergamot, Tangerine, and Clementine with a hint of Vanilla Absolute to form this unique and harmonious blend. Citrus Bliss<sup>™</sup> has natural, potent compounds with cleansing properties.

### USES

- Diffuse to help lift mood.
- Put 1 drop on your wrist and rub both wrists together for a great everyday perfume.
- Add to a carrier oil for a cheerful hand massage.

# **DIRECTIONS FOR USE**

**Diffusion:** Use three to four drops in the diffuser of choice.

**Topical use:** Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

# CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid direct sunlight or UV rays for up to 12 hours after applying product.

