

Arborvitae

Thuja plicata 5 mL

dōTERRA®

PRODUCT INFORMATION PAGE



Application: **Plant Part:**



Wood

Extraction Method:

Steam distillation

Aromatic Description:

Woody, warm, earthy

Main Chemical Components:

Methyl thujate, methyl myrtenate, α -terpineol

PRODUCT DESCRIPTION

Known as the “tree of life,” Arborvitae is majestic in size and abundant in unique benefits. Arborvitae essential oil is concentrated in tropolones, such as hinokitiol, which are a group of chemical compounds that protect against environmental and seasonal threats and have powerful purifying properties. These compounds also contribute to Arborvitae’s natural insect repellent properties. Thujic acid, another tropolone found in Arborvitae, has been studied for its ability to protect against common threats in the environment. Native to Canada, all parts of the Arborvitae tree were used extensively by Native Americans for health benefits and for building vessels, totem poles, baskets, and clothing. Because of its natural preserving properties, Arborvitae prevents wood from rotting, which makes it popular in woodcraft and for preserving natural wood surfaces.

USES

- Apply to wrists and ankles while hiking to naturally repel insects.
- Diffuse to purify the air and to repel insects inside the home.
- Use during meditation for a sense of peace and calm.
- Create your own musky cologne by combining Arborvitae with Cedarwood and Frankincense for a woody and warm aroma.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of your choice.

Topical use: Apply one to two drops to desired area. Dilute with dōTERRA Fractionated Coconut Oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor’s care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

PRIMARY BENEFITS

- Protects against environmental and seasonal threats
- Powerful cleansing and purifying agent
- Natural insect repellent

