

Thyme

A T I D



WHAT IT TAKES TO MAKE A BOTTLE:



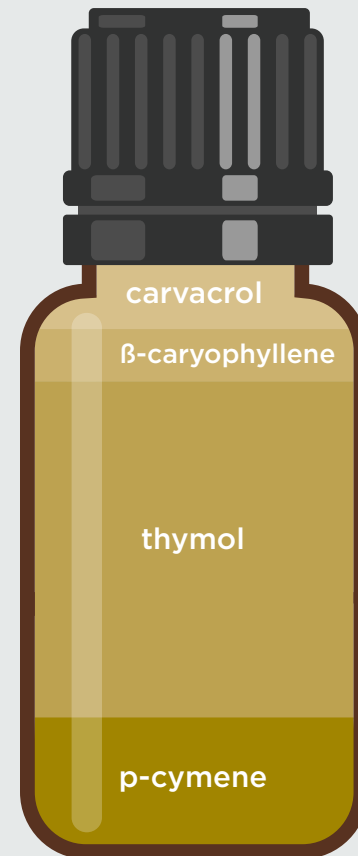
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1.1 LBS

It takes 1.1 pounds of thyme leaves to produce 15 mL of Thyme essential oil.

CHEMISTRY:



The main chemical constituents and associated benefits of thyme are:

cleansing

soothing

invigorating

cellular support*

Graph represents chemical compounds most prevalent in this essential oil. Additional constituents may be found.

RESEARCH:

592

Published studies about the benefits of thyme

16

Human Clinical Trials

Numbers according to PubMed as of December 2017

FUN FACT

In the Middle Ages, women gave thyme to knights and warriors before they went into battle as it was believed to impart courage.

WORKS WELL WITH:



FUN FACT

The uses of thyme were recorded in the Ebers Papyrus, one of the oldest Egyptian scientific texts on record, dating back to about 1550 BC.