

Myrrh

Commiphora myrrha 15 ml

dōTERRA® | EUROPE

PRODUCT INFORMATION PAGE



PRODUCT DESCRIPTION

Ancient records show that Myrrh was deemed so valuable that at times it was valued at its weight in gold. Myrrh essential oil is derived from the gummy resin of the small, thorny Myrrh tree and has been used for centuries for its internal and external health benefits. Myrrh has been used throughout history as a perfume, incense, and health aid. It was also employed in embalming and religious ceremonies. Myrrh has powerful cleansing properties, especially for the mouth and throat. It is also soothing to the skin when applied topically—promoting a smooth, youthful-looking complexion—and promotes emotional balance and well-being when used aromatically.

USES

- Add 1 drop to toothpaste for added cleansing benefits.
- Helps promote awareness and lift mood.
- Add to moisturiser to help reduce the appearance of fine line and wrinkles.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

For additive use: Dilute one drop in 125 ml of liquid.

Topical use: For massage, mix 5 drops with 10 ml carrier oil. For bath, mix 5 drops with 5 ml carrier oil. For perfuming, mix 1 drop to 10 drops carrier oil.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

Plant Part: Resin

Extraction Method: Steam distillation

Aromatic Description: Hot, smoky, herbaceous, woddy, dry

Main Chemical Components: Furanodudesma, 1, 3-diene, curzerene

PRIMARY BENEFITS

- Soothing to the skin; promotes a smooth, youthful-looking complexion
- Promotes emotional balance and well-being

Myrrh

Commiphora myrrha 15 ml

Part Number: 60200423

Wholesale: £45.00 / 70.50 PV

55,00 € / 69 PV

