## Cassia Cinnamomum cassia 15 ml

# dōTERRAEEUROPE



## **PRIMARY BENEFITS**

- Producing similar flavours, Cassia can be used interchangeably with cinnamon in cooking.
- Cassia is also a popular ingredient when making many different appetizers, breads, and desserts.

## **PRODUCT DESCRIPTION**

A close relation to Cinnamon, Cassia has a strong, spicy aroma that can be used in small quantities to transform any essential oil blend or spice-filled dessert. Cassia can be used in cooking, either as a replacement for cinnamon in pies and breads, or by itself in a myriad of entrées and desserts.

#### USES

- Add one drop Cassia and one drop Lemon to water for citrus spice refreshment!
- Substitute cinnamon for one drop of Cassia oil in recipes to experience the rich, infused flavour.

#### WARM UP WITH CASSIA!

Cassia is a popular ingredient in different entrées, breads, and desserts and can be used interchangeably with cinnamon. Try it in hot chocolate to warm up when it's cold outside!

#### **DIRECTIONS FOR USE**

For food flavouring.

#### CAUTIONS

Only use diluted. Take no more than one drop per day. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. Keep out of eyes, inner ears, face, sensitive areas, and mucosa. In case of skin contact, dilute generously with a carrier oil.

