

# Ylang Ylang

*Cananga odorata* 15 ml

dōTERRA™ | EUROPE

PRODUCT INFORMATION PAGE



## PRIMARY BENEFITS

- Popular for its aromatic aroma, Ylang Ylang is used in perfumes and hair care products.
- Used in Ancient cultures.
- Instantly recognisable aroma promotes calmness and helps to simultaneously lift mood with its fragrance.

## PRODUCT DESCRIPTION

Ylang Ylang essential oil is derived from the star-shaped flowers of the tropical Ylang Ylang tree. This essential oil is used extensively in making perfumes and in aromatherapy, and has been used in religious and wedding ceremonies for centuries. Ylang Ylang is frequently used in luxurious hair and skin products for its rich, sweet aroma and also for its protective properties. Ylang Ylang is also known to promote calmness and lift mood.

## USES

- Put a drop of Ylang Ylang on your wrists for a sweet perfume or mix with Bergamot for a more floral fragrance.
- Add Ylang Ylang to dōTERRA Fractionated Coconut Oil for a hair conditioner.
- Apply Ylang Ylang for a calming, uplifting effect.
- Add two drops to a warm bath with Epsom salt to promote relaxation.

## DIRECTIONS FOR USE

For massage, mix 5 drops with 10 ml carrier oil. For bath, mix 5 drops with 5 ml carrier oil. For perfuming, mix 1 drop to 10 drops carrier oil. For topical use only.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. Consult your doctor if pregnant or in treatment. Avoid eyes, inner ears, and sensitive areas.

## ADDITIONAL INFORMATION

Batch number can be found on product.  
Period after opening is 12 months.  
Expiration date can be found on product.

