

Smart & Sassy™

Active Blend 15 ml

dōTERRA™ | EUROPE

PRODUCT INFORMATION PAGE



Ingredients: Grapefruit Peel, Lemon Peel, Peppermint Plant, Ginger Root and Cinnamon Bark essential oils

PRIMARY BENEFITS

- Flavourful addition to any beverage or dessert.
- The vibrant, spicy scent of Smart & Sassy oil can help give you the positive mood you need during a vigorous workout.
- Smart & Sassy contains Grapefruit, Lemon, Peppermint, Ginger and Cinnamon essential oils.

PRODUCT DESCRIPTION

Smart & Sassy™, a proprietary blend of Grapefruit, Lemon, Peppermint, Ginger and Cinnamon, is a flavourful addition to any beverage or dessert.

USES

- Add to water or tea and drink.
- Make it part of your daily routine to consume Smart & Sassy with water before meals.
- Add a few drops to your favourite smoothie.

DIRECTIONS FOR USE

For food flavouring.

CAUTIONS

Only use diluted. Take no more than one drop per day. Keep out of reach of children. Keep out of eyes and mucosa. In case of skin contact, avoid sunlight and UV rays for at least 12 hours.

