dōTERRA Cheer™

Uplifting Blend 5 ml

dōTERRA EUROPE

PRODUCT INFORMATION PAGE



CPTG™

Ingredients: Citrus Aurantium Dulcis (Orange) Peel
Oil, Illicium Verum (Anise) Leaf Oil, Zingiber Officinale
(Ginger) Root Oil, Citrus Aurantium Bergamia
(Bergamot) Peel Oil, Cananga Odorata Flower Oil,
Boswellia Carterii Oil, Cymbopogon Flexuosus Oil,
Dipteryx Odorata Seed Extract, Vanilla Planifolia Fruit
Extract, Limonene*, Linalool*, Coumarin*, Citral*,
Benzyl Benzoate*, Benzyl Salicylate*.

PRIMARY BENEFITS

- When applied topically, Cheer may promote feelings of optimism that will invigorate your mood.
- Provides a cheerful boost of happiness and positivity during massage.
- Cheer is made up of citrus and spice essential oils, which contribute to its warm, inviting nature.

PRODUCT DESCRIPTION

Like a ray of sunshine, the Cheer Uplifting Blend can provide a positivity boost. When happiness and optimism are in short supply, Cheer is waiting to brighten and invigorate your mood. The sunshiny, fresh aroma of citrus and spice essential oils will brighten any moment of your day.

USES

- Use Cheer as your go-to Aromatouch Hand Technique essential oil.
- Apply in the morning to promote feelings of optimism and cheerfulness.

DIRECTIONS FOR USE

For massage, mix 5 drops with \approx 10 ml carrier oil. For bath, mix 5 drops with \approx 5 ml carrier oil. For perfuming, mix 1 drop to 10 drops carrier oil. For topical use only.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. Consult your doctor if pregnant or in treatment. Avoid eyes, inner ears, face and sensitive areas. Avoid sunlight and UV rays for at least 12 hours after applying.

ADDTIONAL INFORMATION

Batch number can be found on product. Period after opening is 12 months. Expiration date can be found on product.



^{*}Naturally occurring oil compounds